



Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



Metric-3.2.2

3.2.2 (QnM) Number of workshops/seminars conducted on Intellectual Property Rights (IPR), Research methodology, Good Clinical, Laboratory, Pharmacy and Collection Practices, Research Grant-writing and Industry-Academia Collaborations during the last five years

Report of the workshops / seminars with photos



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Number of workshops/seminars conducted on Intellectual Property Rights (IPR), Research methodology, Good Clinical, Laboratory, Pharmacy and Collection Practices, Research Grant-writing and Industry-Academia Collaborations during the last five years

Year	Name of the workshop/ seminar	Date: From - To	Number of participants
2019	Basic workshop on Research Methodology and medical statistics	11/02/2019 to 13/02/2019	49
2020	Basic workshop on Research Methodology and medical statistics	06/01/2020 to 08/01/ 2020	50
2020	Basic workshop on Research Methodology and medical statistics	27 /01/2020 to 29/01/2020	50
2020	National Webinar on Dissertation/Thesis Writing	03-07-2020	63
2020	National Webinar on Dissertation Writing	18-07-2020	18
2021	BASIC WORKSHOP ON RESEARCH METHODOLOGY	31/05/2021 to 02/06/2021	50
2022	Basic Workshop in research methodology and medical statistics	13/06/2022 to 15/06/2022	30
2022	Basic Workshop in research methodology and medical statistics	27/06/2022 to 29/06/2022	43
2023	Samskara PG- Orientation Program	13/04/2023 to 03/05/ 2023	57
2023	Basic workshop on Research Methodology and medical statistics	03/07/2023 to 05/07/2023	50
2023	Basic workshop on Research Methodology and medical statistics	10/07/2023 to 12/07/2023	50




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3.2.2

1. Basic workshop on Research Methodology and medical statistics

11-02-2019 to 13-02-2019

Report of Research Methodology workshop

11th -13th Feb 2019

The workshop on Research methodology was organized by our institute on 11th -13th Feb 2019 at P.D.E.A's College of Ayurved and Research Centre Nigdi Pune 44. As per M.U.H.S./MET guidelines the sessions were organised for three days from morning 09.30- 17.00.

The fifty delegated were registered and 49 students attended the workshop. The detailed list is attached with the report.

Sr. no	College name	Number of delegates attended
1	P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH CENTRE NIGDI PUNE 44	40
2	Ashwin Rural Ayurveda college Manchi Hill Sangamner	09

Eight faculty members were invited as resource person for workshop .Dr. Shrikath Muralidharan from M.A Rangoonwala Dental college, Pune, Dr. Mohan Joshi from Tilak Ayurveda Mahavidyalaya Pune, Dr. Ramesh Bhosale & Dr. Suvarna Joshi from B.J. medical college Pune; Myself from our college; Dr. Supriya Bhalerao from IRSHA Katraj Pune; Col. S. L. Jadhav from D. Y. Patil Medical college Pimpri pune, Dr. Deepak Nagpal from D.Y. Patil Dental school; Previously the instruction was given to students that bring your synopsis titles and problems regarding synopsis so, the workshop became more interactive and fruitful to them. For group activity heterogeneous groups were performed. Pre MCQ test was taken for 30 marks. Dr. Payal Denkar from Shalyatantra department of our college was 1st topper by 17 marks, Dr. Patil Supriya from Balarog department respectively of Ashwin rural Ayurveda college Manchi Hill Sangamner college was 2nd toppers by 14 marks and Dr. Popuri Sireesha & Dr. Dnyaneshwar Swavant from Panchakarma & Kayachikitsa department respectively of our college were 3rd toppers by 13 marks in the Pre-test.

Before starting the inaugural session Pre-test was conducted twenty minutes were given to complete. The solved papers were collected. The Inauguration function started with Dhanwantari poojan and stawan. The first day session was started sharp at 09.30- 10.00 by lecture taken by me on the topic "Introduction to research methodology and formulation of RQ and Hypothesis. Next session were taken on observational study designs descriptive and analytical by Dr. Shrikanth Muralidharan from Rangoonwala dental college. After analytical study design tea break was given, then session was continued on experimental study design upto 1 pm by Dr. Shrikanth. The post lunch session was started on 1.30 pm. with group activity taken by Dr. Shrikanth and myself. Six groups were prepared each group with 8-9 members and six problems were given. The details as follows-

Group no.	Topics given for study design group activity	Instructed to formulate as per following points
1	Find prevalence rate of anemia among women in Pune - Dr. Keshav Vishwakarma	1) Formulate the title 2) Research question & Hypothesis if necessary 3) Aims and objectives of the study 4) Independent and dependent variable 5) Short methodology how to conduct the study
2	Alcohol and Liver Cirrhosis – case control Dr. Shubhangi Avhad	
3	Caesarean and Cervical Cancer- Case control –Dr. Supriya Sanap	
4	Yoga and Obesity – Cohort study Dr. Snehal Supekar	
5	Meditation and stress- Cohort study Dr. Reshma Katakdhond	
6	Dhatrinisha tablets and Metformin in diabetes Mellitus – Dr. Pallavi Dhupe	



Next lecture was taken on qualitative research methodology after the group activity by Dr.Mohan Joshi sir from Tilak Ayurveda Mahavidyalaya completed on 4.00 First day ended at 05.00 p.m.by lecture on literature search taken by Dr Ramesh Bhosale from B. J. Medical college Pune .

The second day was started with Dhanwantari Poojan and Stawan followed by lecture on 9.00am-10 am. Data types & data presentations by me. The activity was taken on identification of data types by MCQ. After this lecture next sessions at 10 am were taken by Dr. Supriya Bhalerao madam from IRSHA Pune on " Sampling Methods and Calculation of Sample size . Before starting group activity tea was served in the auditorium. Activity was taken by few MCQ and with some sample situations to choose appropriate formula for sample calculation up to 1.pm.

After the lunch break the sessions were started on inferential statistics by Dr. S. L. Jadhav from D.Y. Patil Medical College, Pimpri. The group activity was taken on selecting the appropriate test for given problems to each table. The session was ended on 3.30 pm. For next session every delegate was requested to download EPI info 7 on their laptops and one excel data file was shared with delegates so that the "computer assistance in data analysis on Excel, epi info "with Demo was completed up to 5 pm

The third day was started with Dhanwantari Poojan and Stawan followed by lecture delivered by Dr.Suvarna Joshi madam from B. J. Medical college, Pune Lecture started at sharp 9.30 a.m on ethics in medical research, After tea break group activity was taken on pre given topics one by one the ethical issues were discussed with all six topics as follows

Group no.	Ethical issues on following topics	Presenter from the group
1	Find prevalence rate of anemia among women in Pune	Dr. Madhulika Singh
2	Alcohol and Liver Cirrhosis – case control	Dr. Darshna Gadekar
3	Caesarean and Cervical Cancer- Case control –	Dr. Dnyaneshwar Sawant
4	Yoga and Obesity – Cohort study	Dr.Snehal Ranazunzare
5	Meditation and stress- Cohort study	Dr. Shruti Deshpande
6	Dhatrinisha tablets and Metformin in diabetes Mellitus –	Dr. Pradip Hirade

The second session was started on 12.00 pm on protocol writing ended up to 13.00p.m. All points of protocol were covered in previous group activities so group activity was not conducted on protocol writing separately. After the group activity Dr Deepak Nagpal from D.Y. Patil dental school had taken session on diagnostic test completed on 13.45pm.Post lunch session started with lecture on by Dr. Deepak Nagpal completed on 3.30 pm. Sir had taken very interactive and informative lecture on questionnaire designing. Next session was started on 3.30 pm on critical journal article evaluation. Sir has distributed six different research articles for each group activity. Articles were evaluated on the basis of Title and abstract.

Post workshop evaluation MCQ test was taken. Three best improved delegates were declared and felicitated with Pen set, first topper Dr.Shubhangada Gunjal from Rognidan department improved by 09 marks, second topper Dr.Pandhare Vidya from Shalakya department improved by 08 marks and third toppers Dr.Chetlure Shivakanta from Kayachikitsa department respectively improved by 05 marks of our college. Study material given in soft copy to all delegates. After felicitation delegates were requested to comment on three days'



workshop, Dr. Pradip Hirade from Ashwin Rural Aurveda college Manchi Hill Sangamner. expressed his comments on three days' workshop. The valedictory function ended with vote of thanks by me.

The daily evaluation and whole program evaluation sheets were filled by delegates. The analysis of program evaluation is given as follows-

Some comments given by delegates are as follows-

- 1) Hard copy of study material should be provided before the workshop
- 2) Workshop is fruitful especially group activities
- 3) Time management and organization of workshop is very good
- 4) Majority of delegates very much satisfied with group activities.
- 5) The group activities taken in this workshop are more beneficial.
- 6) The continuous lectures should not be kept, 15-20 minutes rest should be given after each session.
- 7) Dr. Shrikanth Muralidharan; Dr. Supriya Bhalerao; Dr. Suvana Joshi; Dr. Mohan Joshi ;Dr. S.L.Jadhav are the best faculty members mentioned by all most all delegates.

Important suggestions by coordinator as –

- 1) Group activities are more effective in well-equipped digital lab of computers.

The activity started by M.U.H.S. and MET is really very much necessary and useful for up-gradation of knowledge of Research techniques to post graduate students and teachers. Thanking you,



Dr. Yogini R. Kulkarni (Coordinator)



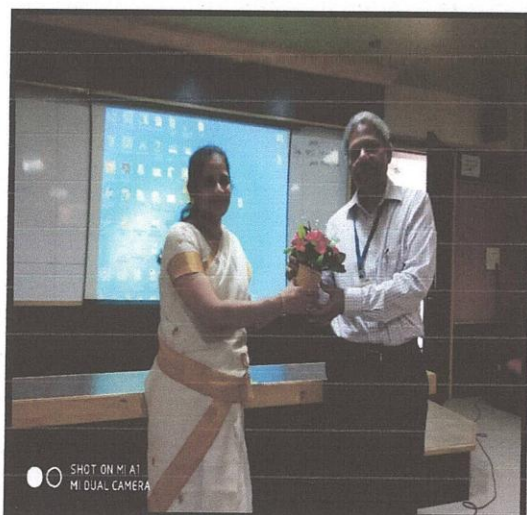
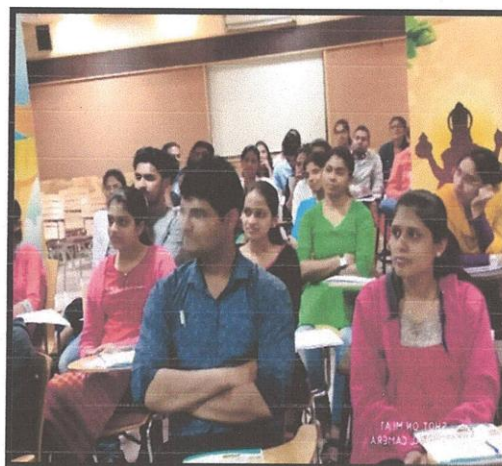
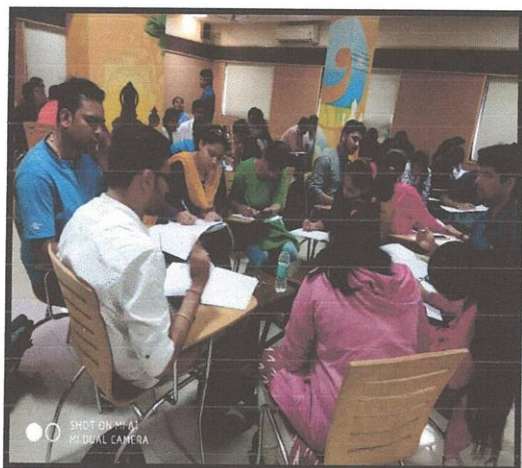
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P.D.E.A.S

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Nigdi, Pune - 411 044.

PDEA's
College of Ayurveda & Research Centre Nigdi, Pune-44

Research Methodology Workshop – 11th Feb.2019 to 13th Feb. 2019



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3.2.2

2. Basic workshop on Research Methodology and medical statistics

06/01/2020 to 08/01/ 2020

Report of Research Methodology workshop

6th -8th Jan 2020

The workshop on Research methodology was organized by our institute on 6th-8th Jan 2020 at P.D.E.A's College of Ayurved and Research Centre Nigdi Pune 44. As per M.U.H.S./MET guidelines the sessions were organised for three days from morning 09.30- 17.00.

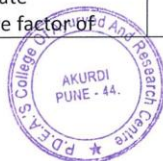
The fifty delegated were registered & attended the workshop. The detailed list is attached with the report.

Sr. no	College name	Number of delegates attended
1	P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH CENTRE NIGDI PUNE 44	50

Seven faculty members were invited as resource person for workshop. Col. S. L. Jadhav from D. Y. Patil Medical college Pimpri pune, Myself from our college Pune, Dr. Mohan Joshi from Tilak Ayurveda Mahavidyalaya Pune; Dr. Supriya Bhalerao from IRSHA Katraj Pune; Dr. Shrikath Muralidharan faculty, Dr. Gaurang Baxi from D.Y. Patil college of Physiotherapy pimpri; Dr. Deepak Nagpal from D.Y. Patil Dental school; Previously the instruction was given to students that bring your synopsis titles and problems regarding synopsis so, the workshop became more interactive and fruitful to them. For group activity heterogeneous groups were performed. Pre MCQ test was taken for 30 marks. Dr. Gulhane vedanti & Dr. Chavan umesh from Rasashastra & Shalakya department respectively of our college was 1st topper by 14 marks, Dr. Limaye from Kayachikitsa department was 2nd toppers by 13 marks and Dr. Rajesh Deshmukh from Agadtantra department of our college was 3rd toppers by 12 marks in the Pre-test.

Before starting the inaugural session Pre-test was conducted twenty minutes were given to complete. The solved papers were collected. The workshop was started with Dhanwantari poojan and stawan. The first day session was started sharp at 09.30- 10.00 by lecture taken by Col. S. L. Jadhav from D.Y. Patil college, Pimpri on the topic "Introduction to research methodology and formulation of RQ and Hypothesis. Next session were taken on observational study designs descriptive and analytical. After analytical study design tea break was given, then session was continued on experimental study design up to 1 pm by Dr. Mohan Joshi from Tilak Ayurveda Mahavidyalaya. The post lunch session was started on 1.30 pm. with group activity taken by Dr. Mohan Joshi and myself. Six groups were prepared each group with 8-9 members and six problems were given. The details as follows-

Group no.	Topics given for study design group activity	Instructed to formulate as per following points
1	Cross sectional study to evaluate divaswap as causative factor in Pama - Dr. Shilpa Gawande	1) Formulate the title 2) Research question & Hypothesis if necessary 3) Aims and objectives of the study 4) Independent and dependent variable 5) Short methodology how to conduct the study
2	A case control study to evaluate obesity is the causative factor of type 2 diabetes - case control study Dr. Ganesh Palhade	
3	Daily Alcohol consumption causes liver cirrhosis - Cohort study -Dr. Rajesh Deshmukh	
4	A case control study to evaluate Mudbhakshan is the causative factor of	



	Pandu – case control study Dr. Priti Harkal	
5	Jatamansi shirodhara & tablet in anxiety a Dr. Indrayani nakshane	
6	Jatamansi taila shirodhara and Coconut hair oil shirodhara in insomnia – Dr. Ashwini Morankar	

Next lecture was taken on qualitative research methodology after the group activity by Dr. Mohan Joshi sir from Tilak Ayurveda Mahavidyalaya completed on 4.00 First day ended at 05.00 p.m. by lecture on literature search taken by Dr. Mohan Joshi in the beginning of lecture he shared one google form to know what knowledge delegates have about literature search so the in unknown areas sir has taken detailed study so that it was fruitful to all delegates.

The second day was started with Dhanwantari Poojan and Stawan followed by lecture on 9.30am-10.30 am. Sampling by Dr. Supriya Bhalerao from IRSHA Pune After this lecture next sessions at 10.30 a.m. was taken by Dr. Supriya Bhalerao madam on "Types of data and presentation of data" The activity was taken on identification of data types by MCQ. The session ends at 11.30 am. Morning session ends with Calculation of Sample size by Dr. Bhalerao madam. Before starting group activity tea break was given. Activity was taken by few with some sample situations to choose appropriate formula for sample calculation up to 1.p.m.

After the lunch break the sessions were started on inferential statistics by Dr. Shrikanth Muralidharan faculty of RMW workshop. The group activity was taken on selecting the appropriate test for given problems to each table. The session was ended on 3.30 pm. For next session every delegate was requested to download EPI info 7 on their laptops and one excel data file was shared with delegates so that the "computer assistance in data analysis on Excel, epi info" with Demo was completed up to 5 pm

The third day was started with Dhanwantari Poojan and Stawan followed by lecture delivered by Dr. Gaurang Baxi from D. Y. Patil Physiotherapy college, Pune Lecture started at sharp 9.30 a.m on ethics in medical research with group activity. one link was shared for group activity to enlist ethical issues in given problem. After that lecture was taken on protocol writing by Dr. Gaurang Baxi and group activity was taken by myself on pre given topics on protocol writing and one-one group member presented their protocols on given topics as follows

Group no.	Protocol and Ethical issues on following topics	Presenter from the group
1	Cross sectional study to evaluate divaswap as causative factor in Pama -	Dr. Shilpa Gawande
2	A case control study to evaluate obesity is the causative factor of type 2 diabetes – case control study	Dr. Ganesh Palhade
3	Daily Alcohol consumption causes liver cirrhosis - Cohort study	Dr. Yamini Patil
4	A case control study to evaluate Mudbhakshan is the causative factor of Pandu – case control study	Dr. Priti Harkal
5	Study the efficacy of Jatamansi taila shirodhara & clanzepam in anxiety - RCT	Dr. Indrayani Nakshane
6	Study the effect of Jatamansi taila	Dr. Neha Sharma



	shirodhara and Coconut oil shirodhara in insomnia – RCT	
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The session ends at 13.00pm. After lunch Dr. Deepak Nagpal from D.Y. Patil dental school had taken session on diagnostic test completed on 13.45pm. Dr. Deepak Nagpal completed on 3.30 pm. Sir had taken very interactive and informative lecture on questionnaire designing. Next session was started on 3.30 pm on critical journal article evaluation ended on 5 pm by group activity.

Post workshop evaluation MCQ test was taken. Three best improved delegates were declared and felicitated with Pen set, first topper Dr. Khaire Sayali from Agad Tantra department improved by 11 marks, second topper Dr. Chaitali deore from Agad Tantra department improved by 10 marks and third toppers Dr. Wadkar Somnath from Shalyatantra department improved by 09 marks of our college. Study material given in soft copy to all delegates. After felicitation delegates. The valedictory function ended with vote of thanks & Pasaydan by me.

The daily evaluation and whole program evaluation sheets were filled by delegates. The analysis of program evaluation is given as follows-

Some comments given by delegates are as follows-

- 1) Workshop duration should be increased.
- 2) Hard copy of study material should be provided before the workshop
- 3) Workshop is fruitful especially with group activities
- 4) Time management and organization of workshop is very good
- 5) Majority of delegates very much satisfied with group activities.
- 6) After every session MCQ test should be conducted for better understanding of subject.
- 7) The continuous lectures should not be kept, 15-20 minutes rest should be given after each session.
- 8) Dr. Mohan Joshi; Dr. Shrikanth Muralidharan & Dr. Supriya Bhalerao are the best faculty members mentioned by all most all delegates.

Important suggestions by coordinator as –

- 1) Group activities are more effective in well-equipped digital lab of computers.
- 2) Online attendance of delegates is more time taking so should be continued with previous method

The activity started by M.U.H.S. and MET is really very much necessary and useful for up-gradation of knowledge of Research techniques to post graduate students and teachers. Thanking you,

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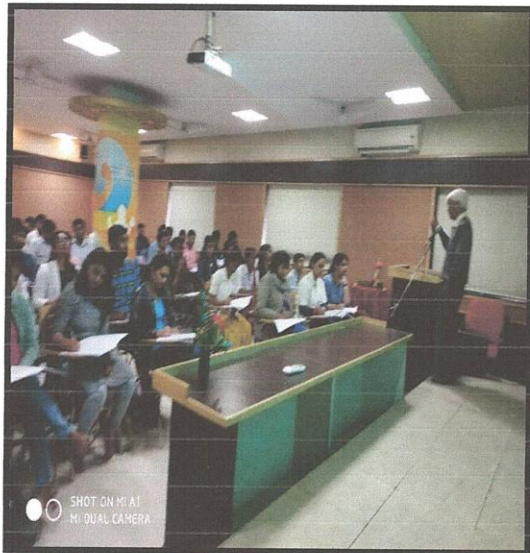
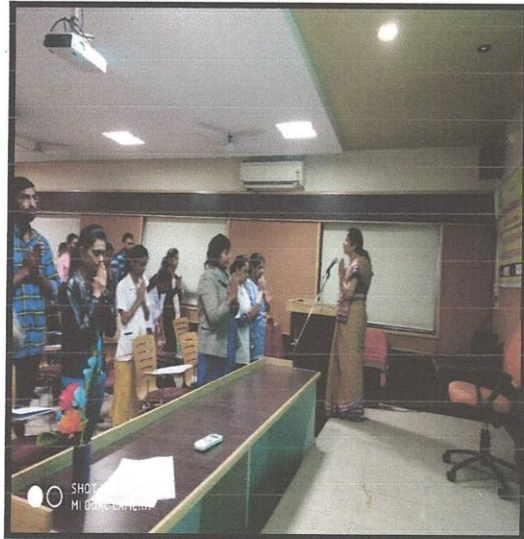

Dr. Yogini R. Kulkarni (Coordinator)

H. O. D.
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Akurdi, Pune - 411 044



PDEA's
College of Ayurveda & Research Centre Nigdi, Pune-44

Research Methodology Workshop – 6 Jan. to 8th Jan 2020




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3.2.2

3. Basic workshop on Research Methodology and medical statistics

27 /01/2020 to 29/01/2020

Report of Research Methodology workshop

27th -29th Jan 2020

The workshop on Research methodology was organized by our institute on 27th -29th Jan 2020 at P.D.E.A's College of Ayurved and Research Centre Nigdi Pune 44. As per M.U.H.S./MET guidelines the sessions were organised for three days from morning 09.30- 17.00.

The fifty delegates were registered & attended the workshop. The detailed list is attached with the report.

Sr. no	College name	Number of delegates attended
1	P.D.E.A'S College Of Ayurved And Research Centre Nigdi Pune 44	13 students + 8 teachers
2	Keshav Ayurveda medical college And hospital Aklera Jhalawar Rajsthan	1 teacher
3	SVNHT's Ayurved College, Rahuri Factory, Rahuri, Maharashtra	1 student
4	Seth Govindaji Raoji Ayurved Mahavidyalaya, Solapur	8 students
5	R.A.podar medical college ayurved, worli	6 students
6	S.N.D. college of Nursing Babhulgaon yeola	1 student
7	D. S. Homoeopathic medical College pune	3 students
8	R.T. Ayurveda Mahavidyalaya Akola	2 students
9	Vamanrao Ithape Homoeopathic medical College, sangamner	7 students

Six faculty members were invited as resource person for workshop. Dr. Madhav mutalik from Dr. D. Y. Patil Dental school, Charoli, Lohgaon; Myself from our college Pune; Dr. Shrikath Muralidharan faculty of RMW , Col. S. L. Jadhav from D. Y. Patil Medical college Pimpri pune; Dr. Swati Raje from MIMER medical college talegaon ; Dr. Suvarna Joshi from B.J. Medical college Pune ; Previously the instruction was given to students that bring your synopsis titles and problems regarding synopsis so, the workshop became more interactive and fruitful to them. For group activity heterogeneous groups were performed. Pre MCQ test was taken for 30 marks. Dr. Talokar Sanket from Panchakarma department of R A Podar college by 13 marks was 1st topper, Dr. More Shweta from kriya department teacher from CARC Akurdi & Dr Mogane Mahesh from organon of medicine from Ithape homoeopathic college sangamner were 2nd toppers by 12 marks marks in the Pre-test.

Before starting the inaugural session Pre-test was conducted twenty minutes were given to complete. The solved papers were collected. The workshop was started with Dhanwantari poojan and stawan. The first day session was started sharp at 09.30- 10.00 by lecture taken Dr. Madhav Mutalik from D.Y. Patil dental school Charoli Lohagaon , on the topic "Introduction to research methodology and formulation of RQ and Hypothesis. Next session were taken on observational study designs descriptive and analytical. After analytical study design tea break was given, then session was continued on experimental study design up to 1 pm by Dr. Shrikanth Muralidharan Faculty of RMW. The post lunch session was started on 1.30 pm. with group activity taken by Dr. Shrikanth Muralidharan and myself. Six groups were prepared each group with 8-9 members and six problems were given. The details as follows-

Group no.	Topics given for study design group activity	Instructed to formulate as per following points
1	A Cross sectional study to evaluate the	



	prevalence of amlapitta in the persons who are doing night shift duties from last year Dr. Rajat Bansal	1) Formulate the title 2) Research question & Hypothesis if necessary 3) Aims and objectives of the study 4) Independent and dependent variable 5) Short methodology how to conduct the study
2	Cross sectional study to assess the prevalence of dry eye syndrome in IT professionals working on computers more than 8 hours in Hinjewadi - Not asked to present	
3	A case control study of hetu ratrojagaran on urdhwag amlapitta in age group in 20-40 years in UK based call center located in Pune since the period of more than 6 months - Dr. Pravin Tate	
4	Case control study of consumption of junk food on obesity in the group of 25 to 40 years –not asked to present	
5	Clinical concurrent parallel study to evaluate the effectiveness of constitutional form of medicine in type II diabetes in who are taking allopathic medicine and who are not taking in the age group of 40-60 years in 6 months Comparative concurrent parallel study to evaluate the effect of yograj guggul and triphala guggul in the management of sandhigatvata in adult age group of 30-60 years from R A poddar hospital. Not asked to present	
6	Clinical study of calcium supplement in case of 40-60 years and adults not taking calcium supplement by randomized concurrent cross over study in period of 3 month with on 1 month wash out period – Dr. Devyani Shinde	

Next lecture was taken on qualitative research methodology after the group activity by Dr. Shrikanth Muralidharan completed on 4.00 First day ended at 05.00 p.m. by lecture on literature search taken by Shrikanth Muralidharan that it was fruitful to all delegates.

The second day was started with Dhanwantari Poojan and Stawan followed by lecture on descriptive statistics- types of data and presentation of the data from 9.30am-10.30 am. by Col. S. L. Jadhav from D. Y. Patil Medical college Pimpri, Pune. Sir had taken activity as preparation of some tables on the given data to all groups. After this lecture the next lecture was taken on Sampling by Dr. S. L. Jadhav Sir. The session ends at 11.30 am. Morning session ends with Calculation of Sample size by Col. S. L. Jadhav sir on Win Pepi software. The group activity was taken as pre previous allotted groups with specific topics as per study designs one member from each group calculating sample size on WIN PEPI software – the hands-on training was given by dr S L Jadhav up to 1.p.m.



5	Clinical concurrent parallel study to evaluate the effectiveness of constitutional form of medicine in type II diabetes in who are taking allopathic medicine and who are not taking in the age group of 40-60 years in 6 months Comparative concurrent parallel study to evaluate the effect of yograj guggul and triphala guggul in the management of sandhigatvata in adult age group of 30-60 years from R A poddar hospital.	Dr. Tanvi Joshi
6	Clinical study of calcium supplement in case of 40-60 years and adults not taking calcium supplement by randomized concurrent cross over study in period of 3 month with on 1 month wash out period –	Dr. Mahesh Mogane

The session ends at 13.00pm. After lunch Dr. Suvarna Joshi from B.J. Medical college had taken session on diagnostic test completed on 14.00 pm. Dr. Suvarna Joshi madam had taken very interactive and informative lecture on questionnaire designing. Next session was started on 3.30 pm on critical journal article evaluation ended on 5 pm by group activity.

Post workshop evaluation MCQ test was taken. Three best improved delegates were declared and felicitated with Pen set, first topper Dr. Prajisha from Dhondumama Sathe Homeopathic college pune Medicine department improved by 10 marks, second topper Dr. Mamata Maharwade from Panchkarma department of R A Podar college Worali improved by 07 marks and third toppers Dr. Prajka Barkade From Swasthvrutta department of our college improved by marks of our college. Study material given in soft copy to all delegates. After felicitation delegates. The valedictory function ended with vote of thanks by me.

The daily evaluation and whole program evaluation sheets were filled by delegates. The analysis of program evaluation is given as follows-Some comments given by delegates are as follows-

- 1) Workshop duration should be increased.
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- 3) Workshop is fruitful especially with group activities
- 4) Time management and organization of workshop is very good
- 5) Groups should be performed by lottery method for group activity
- 6) Goggle forms should be given for feedback and for pre and post test
- 7) Majority of delegates very much satisfied with group activities.
- 8) Dr. Madhav Mutalik, Dr. Shrikanth Muralidharan, Dr SL Jadhav, Dr Suvarna Joshi & Myself are the best faculty members mentioned by all most all delegates.

Important suggestions by coordinator as –

- 1) Group activities are more effective in well-equipped digital lab of computers.
- 2) Online attendance of delegates is more time taking so should be continued with previous method

The activity started by M.U.H.S. and MET is really very much necessary and useful for up-gradation of knowledge of Research techniques to post graduate students and teachers. Thanking you,

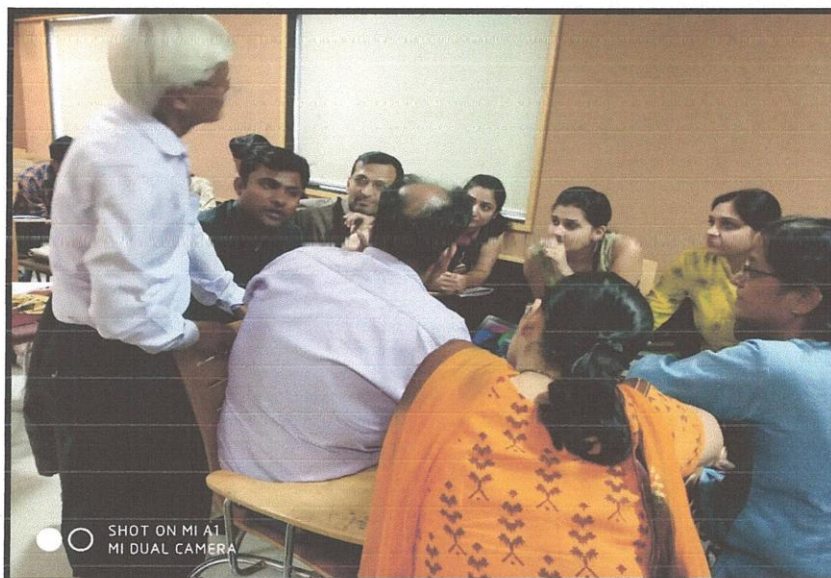
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Dr. Yogini R. Kulkarni (Coordinator)

PDEA's
College of Ayurveda & Research Centre Nigdi, Pune-44

Research Methodology Workshop – 27th Jan.2020 to 29th Jan 2020



[Signature]
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Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



3.2.2

4. National Webinar on Dissertation/Thesis Writing

03-07-2020

P.D.E.A's College of Ayurveda and Research centre, Nigdi, Pune- 44

Date: - 03/07/2020

Report of National webinar on Dissertation/ thesis writing

From Department of Research methodology three hours online National webinar on Dissertation/ thesis writing for Ayurveda students on 3rd July 2020. Brochure was circulated. Registration form was generated in goggle forms

Total 63 students were registered from various departments

Sessions were taken by faculty Dr Shrikanth Muralidharan MDS from Pune, Sir has taken session on Goggle meet from 6 pm -9 pm by covering following points

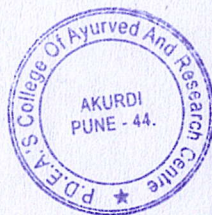
- 1) Details about MUHS guidelines for dissertation
- 2) All chapters of dissertation with examples and detailed discussion with students. All queries solved after each chapter of the dissertation.
- 3) How to use Mendeley , hands on training was given online
- 4) How to write references in different styles by using Mendeley

Feedback form was prepared in goggle form and link was shared to participants by mail and also study material also shared with participants.

One checklist also shared in the ppt regarding dissertation submission



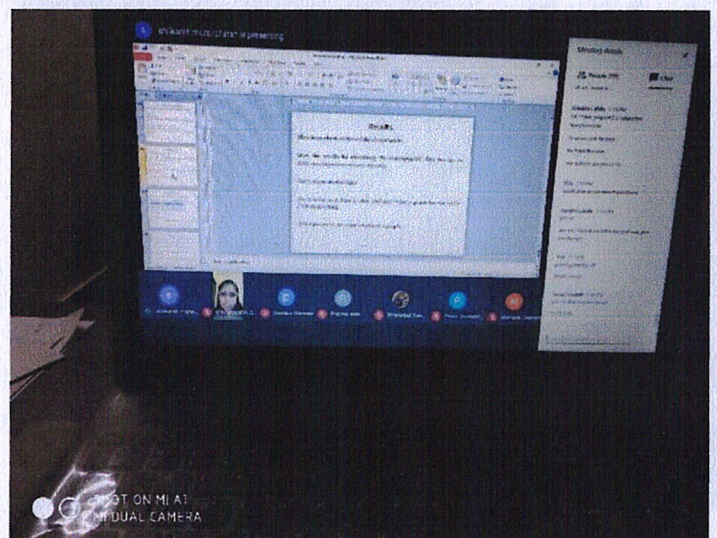
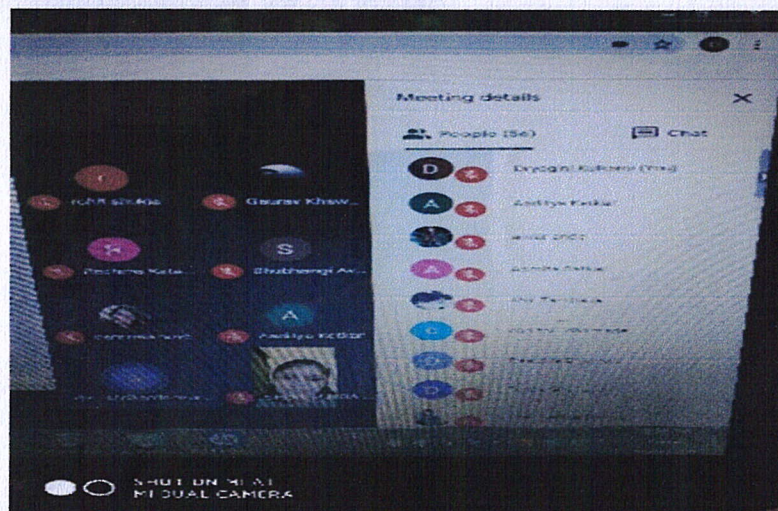
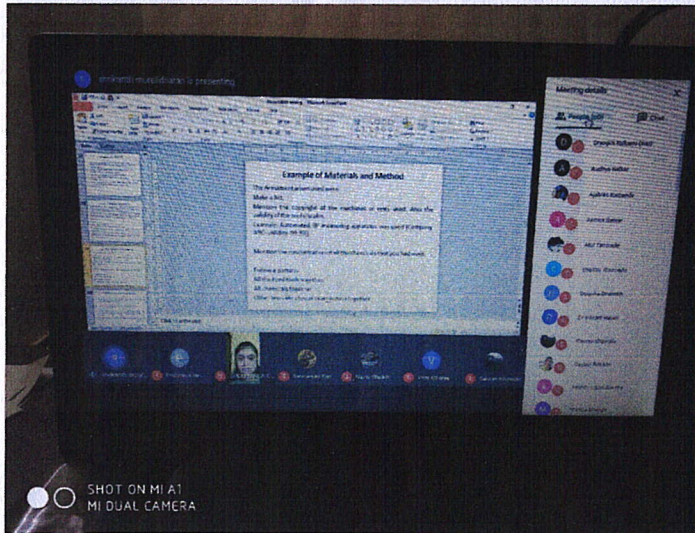
Dr yogini kulkarni
Head of the department of research



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Report of National webinar on Dissertation/ thesis writing




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Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



3.2.2

5. National Webinar on Dissertation Writing

18-07-2020

P.D.E.A's College of Ayurveda and Research centre, Nigdi, Pune- 44

Report of National webinar on Dissertation writing

From Department of Research methodology two hours online National webinar was organized on Medical writing for Ayurveda student on 18th July 2020. Brochure was circulated. Registration form was generated in goggle forms

Total 18 students were registered 15 students from our college and 2 students of SSAM hadpsar & 1 from Nagpur Ayurveda College also joined for this webinar.

Sessions were taken by faculty Dr. Shrikanth Muralidharan MDS from Pune, Sir has taken session on Goggle meet from 5 pm -7.30 pm by covering following points

1. Introduction to article writing
2. Writing a systematic review and narrative review
3. Original article writing.
4. Hands on training on Pub med for literature review
5. Hands on training on Mendeley for citation and references
6. Choosing the right journal for publication

Feedback form was prepared in goggle form and link was shared to participants by mail and also study material was shared with participants. E certificates will be shared after receiving feedback.



Dr yogini kulkarni

Head of the department of research

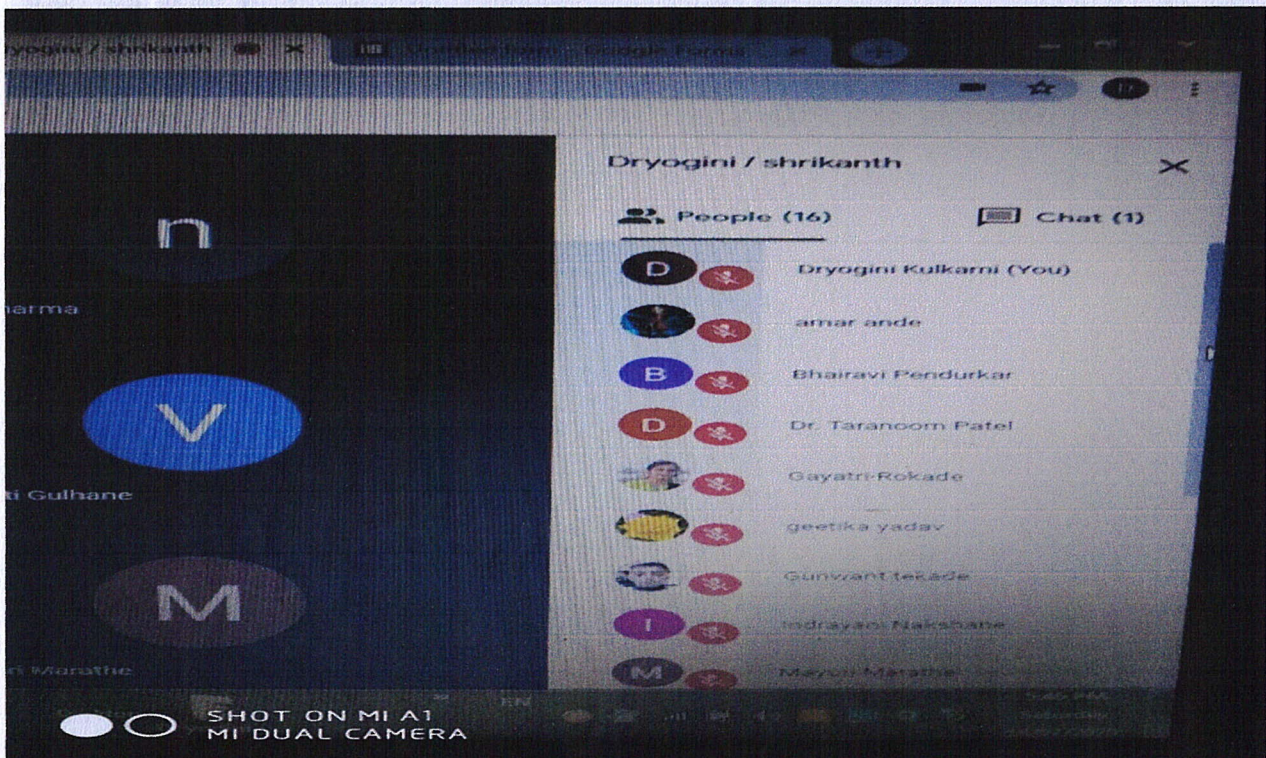
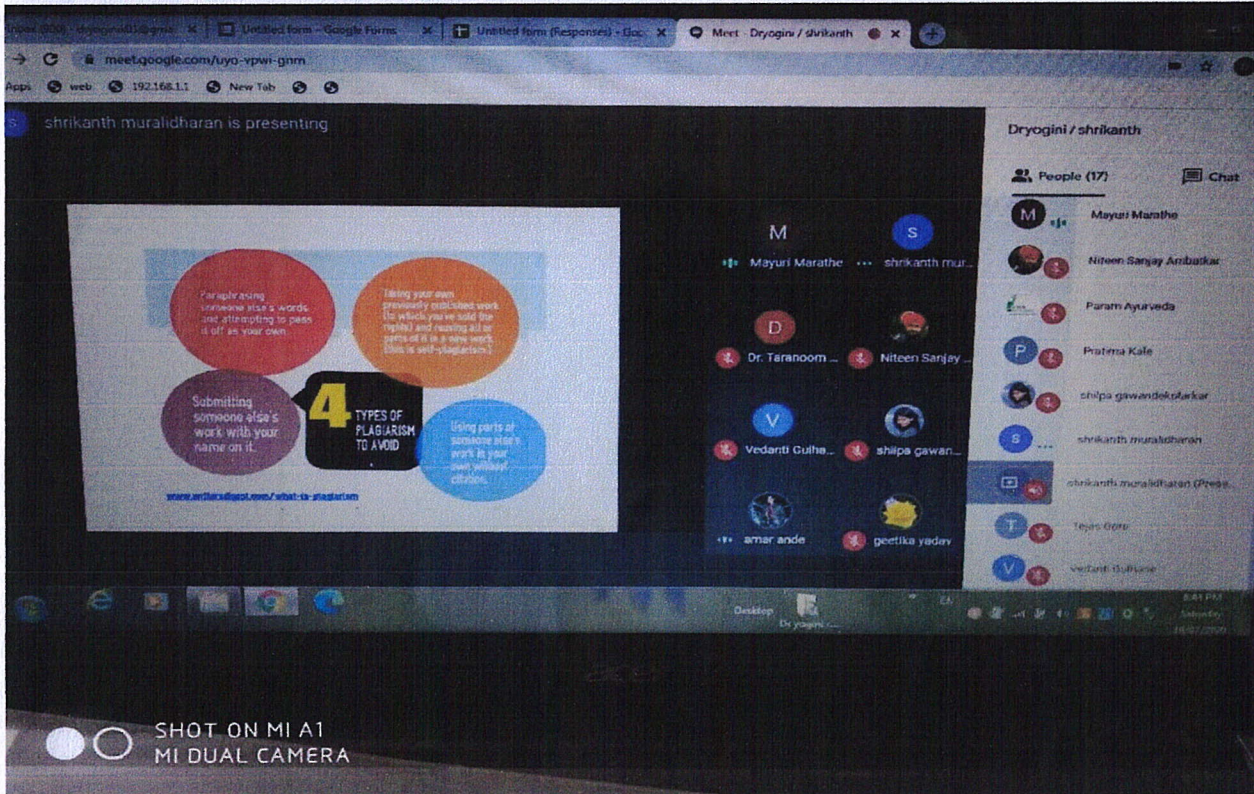


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Photos of National webinar on Dissertation writing



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3.2.2

6. Basic workshop on Research Methodology and medical statistics

31-05-2021 to 02-06-2021

Report of Research Methodology workshop

31st May – 2nd June 2021

The workshop on Research methodology was organized by our institute on 31st May – 2nd June 2021 organized by our college P.D.E.A's College of Ayurved and Research Centre Nigdi Pune 44. As per M.U.H.S./MET guidelines the sessions were organised for three days online workshop on zoom from morning 09.30- 17.00.

The fifty delegates were registered & attended the workshop. The detailed list is attached with the report.

Sr. no	College name	Number of delegates attended
1	P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH CENTRE NIGDI PUNE 44	50

Seven faculty members were invited as resource person for workshop. Dr. Prasad Pore from BVDU Katraj Pune; Dr. Deepak Nagpal from D. Y. Patil dental College Col. S. L. Jadhav from D. Y. Patil Medical college Pimpri, Pune; Dr. Shrikanth Muralidharan from Pune; Dr. Suvarna Joshi from B. J. Medical college Pune; Dr. Madhav Mutalik from D. Y. Patil Dental college. Previously the instruction was given to students as with synopsis topics so, the workshop became more interactive and fruitful to them. For group activity five heterogeneous groups were performed. Pre MCQ test was taken for 30 marks. Dr. Apoorva Mundargi from Swasth Vrutta department was 1st topper, she received 19 marks. Dr. Pradnya Londhe from Kayachikitsa, Dr. Surabhi Patil and Dr. Neha Ghadge from Balaroga department were 2nd topper they were received 18 marks out of 30. On first day two goggle links were shared for 1st day feedback and pre-test MCQ.

Before starting online workshop Pre-test was conducted with Google form. The quiz link was shared sharp at 9 am and closed on 9.25, twenty minutes were given to complete. The responses were saved. The workshop was started with Dhanwantaristawan chanted by me. The first day session was started sharp at 09.30- 10.00 by lecture taken by me on the topic "Introduction to research methodology and formulation of RQ and Hypothesis. Next session was taken on observational study designs descriptive by me only. The session was completed at 10.45 am. After the descriptive study designs analytical study design, experimental study designs were taken by Dr. Prasad Pore from BVDU's medical college Katraj Pune. The post lunch session was started on 1.30 pm. with group activity taken by me. Five groups were prepared each group with 10 members and five types of designs were given. Twenty minutes were given for preparation one delegate from each group presented the assignment and suggestions were given by me for improvement of design. The details as follows-

Group no.	Topics given for study design group activity	Instructed to formulate as per following points
1	Cross sectional study to evaluate correlation between prakrutee and hypothyroidism - Dr. Sachin Bhor	1) Formulate the title 2) Research question & Hypothesis if necessary 3) Aims and objectives of the study 4) Independent and dependent variable 5) Short methodology how to conduct the study
2	A longitudinal study to evaluate occurrence of DM those have paternal history of diabetes Dr. Mrunal Dorage	
3	case control study on Aamlapiita to evaluate vidahiaahar as causative factor by	



	supriyaPatwardhan	
4	compare the incidence of covid 19 those are vaccinated and not vaccinated Dr. nehaghadage	
5	Compare the efficacy of dashamulataila(control group) and bilvataila(experimental group) karnapurana in karnabadhira. Dr madhavtalhar	

Next lecture was taken on qualitative research methodology after the group activity by Dr. Deepak Nagpal from D Y Patil dental college completed on 4.00 First day ended at 05.00 p.m. by lecture on literature search taken by Dr. Deepak Nagpal from D Y Patil dental college. The responses of 1st days feedback was saved.

The second day was started by lecture on 9.30am-10.30 am. Sampling and sample size by Dr. Sudhir Jadhav from D Y Patil college After this lecture the activity of sampling and sample size given to groups and 15 minutes was given to prepare the every group presenter presented the title objectives sampling frame and requirements for calculation of sample size.

Group no.	Topics given for sampling and sample size group activity	Instructed to formulate as per following points
1	Cross sectional study to evaluate correlation between prakrutee and hypothyroidism - Dr. Sachin Bhor	1) title 2) objectives of study 3) sampling frame and method 4) requirements for sample size
2	A longitudinal study to evaluate occurrence of DM those have paternal history of diabetes Dr. Mrunal Dorage	
3	case control study on Amlapiita to evaluate vidahiaahar as causative factor by supriyaPatwardhan	
4	compare the incidence of covid 19 those are vaccinated and not vaccinated Dr. nehaghadage	
5	Compare the efficacy of dashamulataila(control group) and bilvataila(experimental group) karnapurana in karnabadhira. Dr madhavtalhar	

The groups as mentioned in the above table. Next sessions was started at 11.30 a.m. was taken by me on "Types of data and presentation of data" The activity was taken on identification of data types by displaying MCQ. The session ends at 1.p.m.

After the lunch break the sessions were started on inferential statistics by Dr. Shrikanth Muralidharan faculty of RMW workshop. The group activity was taken on selecting the appropriate test for given problems to each group. They had given 15 minutes for preparation and one by one group one delegate presented the title, type of data and appropriate selection of statistical tests. The session was ended on 3.30 pm.



Group no.	Topics given for appropriate selection of statistical tests group activity	Instructed to formulate as per following points
1	Cross sectional study to evaluate correlation between Kaphaprakrutee and hypothyroidism - Dr. SachinBhor	1) title 2) type of data 3) choosing appropriate statistical test as per data
2	A longitudinal study to evaluate occurrence of DM those have paternal history of diabetes Dr. MrunalDorage	
3	case control study on Aamlapiita to evaluate vidahiaahar as causative factor by supriyaPatwardhan	
4	compare the incidence of covid 19 those are vaccinated and not vaccinated Dr. nehaghadage	
5	Compare the efficacy of dashamulataila(control group) and bilvataila(experimental group) karnapurana in karnabadhira. Dr madhavtalhar	

For next session every delegate was requested to download EPI info 7 in their laptops and one excel data file was shared with delegates so that the "computer assistance in data analysis on Excel, epiinfo with Demo was completed up to 5 pm

The third day was started with lectures delivered by Dr. Suvarna Joshi from B.J. Medical College, Pune Lecture started at sharp 9.30 a.m on ethics in medical research with group activity. Ethical issues from it one-one group member presented their ethical issues from it and Dr. Suvarna Joshi madam guided well to correct ethical issues on given topics as follows

Group no.	Ethical issues on following topics	Presenter from the group
1	Cross sectional study to evaluate correlation between kaphaprakrutee and hypothyroidism	Dr. SachinBhor
2	A longitudinal study to evaluate occurrence of DM those have paternal history of diabetes	Dr. ShubhankarKulkarni
3	case control study on Aamlapiita to evaluate vidahiaahar as causative factor	Dr. TejalSuryavanshi
4	compare the incidence of covid 19 those are vaccinated and not vaccinated Dr. nehaghadage	Dr. NehaGhadge
5	Compare the efficacy of dashamulataila(control group) and bilvataila(experimental group) karnapurana in karnabadhira.	Dr. RakhiManiyar



Next session was taken on protocol writing by Dr.Suvarna Joshi from B.J. Medical college, Pune from 11 am and group activities were taken on pre given topics on protocol writing as they have to formulate title, project summary, Background and rationale, specific objectives, methodology, forms and data handling plan for statistical analysis, deviation and amendments of protocol and references from it one-one group member presented their protocols from given topics as follows

Group no.	protocol writing on following topics	Presenter from the group
1	Cross sectional study to evaluate correlation between kaphaprakrutee and hypothyroidism	Dr. SachinBhor
2	A longitudinal study to evaluate occurrence of DM those have paternal history of diabetes	Dr. UmeshMallewar
3	case control study on Aamlapiita to evaluate vidahiaahar as causative factor	Dr. KalpanaNaramwar
4	compare the incidence of covid 19 those are vaccinated and not vaccinated Dr. nehaghadage	Dr.NehaGhadge
5	Compare the efficacy of dashamulataila(control group) and bilvataila(experimental group) karnapurana in karnabadhira.	Dr.RakhiManiyar

The session ends at 13.15pm. After lunch Dr.MadhavMuralik from D.Y. Patil dental school had taken session on diagnostic test. Sir had taken very interactive and informative lecture on questionnaire designing. Next session was started on 3.30 pm on critical journal article evaluation ended on 5 pm by group activity one article and evaluation form shared with delegates previously for reading and presented one-one group their findings regarding shared article. Dr.MadhavMuralik's sessions were very informative & interactive.

Post workshop evaluation by post MCQ test was taken by quiz. In that quiz following are the toppers.

26.00 / 30	DrKirtiHanumantJadhav 1 st topper
25.00 / 30	DR APURVA NAGRAJ MUNDARGI 2 nd topper

DrKirtijadhav shared her views regarding three days' workshop, with concluding remarks by me workshop ended at 5.10 pm. All Power point presentations were shared to all delegates on their personal email address.

The daily evaluation and whole program evaluation sheets were filled by delegates. The analysis of program evaluation is given as follows-

Some comments given by delegates are as follows-

- 1) Workshop duration should be increased.
- 2) Workshop should take offline
- 3) Workshop is fruitful especially with group activities
- 4) Time management and organization of workshop is very good



- 5) Majority of delegates very much satisfied with group activities.
- 6) More group activities should be conducted for better understanding of subject.
- 7) Cisco webex software should be used for online workshop
- 8) Dr. Prasad Pore; Dr. Shrikanth Muralidharan & Dr. S L Jadhav Dr. Suvarna Joshi, Dr. Madhav Mutalik all are the best faculty members mentioned by all most all delegates.

The activity started by M.U.H.S. and MET is really very much necessary and useful for up-gradation of knowledge of Research techniques to post graduate students and teachers. Thanking you,


Principal
P.D.E.A.S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.


Dr. Yogini R. Kulkarni (Coordinator)

H. O. D.
Research Methodology
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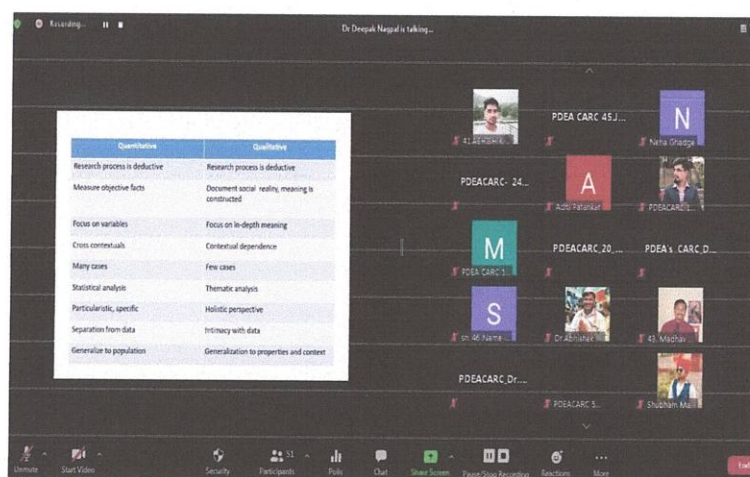
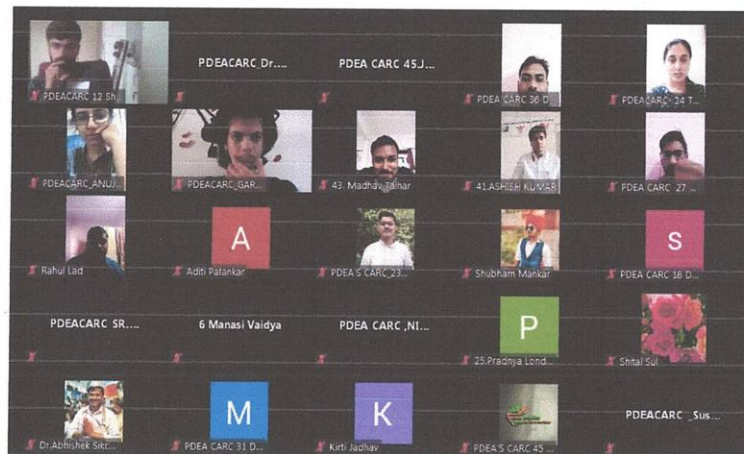


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Research Methodology Workshop – 31 May to 2nd June 2021



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3.2.2

7. Basic workshop on Research Methodology and medical statistics

13-06-2022 to 15-06-2022

Report of Research Methodology workshop

13th -15th Jun 2022

The workshop on Research methodology was organized by our institute on 13th -15th Jun 2022 at P.D.E.A's College of Ayurved and Research Centre Nigdi Pune 44. As per M.U.H.S./MET guidelines the sessions were organised for three days from morning 09.30- 17.00.

The thirty delegated were registered&attended the workshop. The detailed list is attached with the report.

Sr. no	College name	Number of delegates attended
1	P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH CENTRE NIGDI PUNE 44	30

Eight faculty members were invited as resource person for workshop. Dr.Suvarna Joshi madam from B. J. Medical college Pune, Myself from our college Pune; Dr.Pranita Joshi from SSAM HadapsarPune; Col. S. L. Jadhav from D. Y. Patil Medical college Pimpri Pune; Dr.Namrata Jain Statistician from our college nigdi; Dr.Shrikath Muralidharan from National institute of Naturopathy pune; Adv.Dr.DhananjayMhasade from Pune; Dr.MadhavMuralik from D.Y. Patil Dental school Charoli ; Previously the instruction was given to students that bring your synopsis titles and problems regarding synopsis so, the workshop became more interactive and fruitful to them. For group activity heterogeneous groups were performed. Pre MCQ test was taken for 30 marks. Dr.Rujuta Korday from swasthvrutta department by 21 marks rank 1st in pre-test & Dr.Krushna Jamadar from Rasashastra department by 19 marks rank 2nd in pre-test & Dr.Supriya Pundage from Agadatantra department by 18 marks rank 3rd in pre-test.

Before starting the inaugural session online Pre-test was conducted twenty minutes were given to complete. The responses were collected through goggle form. The workshop was started with Dhanwantari poojan and stawan. The first day session was started sharp at 09.30- 10.00 by lecture taken by Dr.Suvarna Joshi madam from B. J. Medical college Pune on the topic "Introduction to research methodology and formulation of RQ and Hypothesis. Next session were taken on observational study designs descriptive and analytical. After analytical study design tea break was given, then session was continued on experimental study design up to 1 pm by myself. The post lunch session was started on 1.30 pm. with group activity taken by Dr.Suvarna Joshi and myself. Five groups were prepared each group with 6 members and five problems were given. The details as follows-

Group no.	Topics given for study design group activity	Instructed to formulate as per following points
1	Cross sectional study to evaluate Aaharaj Abhiruchi in Pitta pradan prakruti- Dr. Shrinath Agnihotri	1) Formulate the title 2) Research question with FINER& Hypothesis if necessary 3) Aims and objectives of the study 4) Independent and dependent variable 5) objectives
2	A case control study to evaluate preserved food exposure in healthy and not healthy persons as the causative factor Dr. Rujuta Korday	
3	Experimental study to evaluate the efficacy of Tila navaneeta lepa in Bhallataka induced toxicity on albino rats Dr.Supriya Pundge	
4	Randomized controlled clinical Study to evaluate adjuvant effect of Varunadi kwath	



	compared with thyroxin in Hypothyroidism – Dr Ankush Patle	
5	Randomized controlled clinical study to compare the efficacy of dadim swarasa with conventional treatment in Raktarsha by Dr Rimaa Anklekar	

Next lecture was taken on literature search with online demo by Dr. Pranita Joshi sir from SSAM college Hadapsar completed on 5.00 First day ended at 06.00 p.m. by lecture on qualitative research by Dr Pranita Joshi. 1st days feedback link was shared on their personal mails and Collected the responses on goggle form.

The second day was started with Dhanwantari Poojan and Stawan followed by lecture on 9.30am-11.30 am. Sampling & sample size with group activity on software Win Pepi software by Dr. S. L. Jadhav from D. Y. Patil medical college Pune. Next session taken by Mrs. Namrata Jain on "Types of data and presentation of data" The activity was taken on identification of data types by MCQ. The session ends at 12.45 am. Then lunch break was given

After the lunch break the sessions were started on inferential statistics by Dr. Shrikanth Muralidharan faculty of RMW workshop. The group activity was taken on selecting the appropriate test for given problems to each table. The session was ended on 3.30 pm. For next session every delegate was requested to download EPI info 7 on their laptops and one excel data file was shared with delegates so that the "computer assistance in data analysis on Excel, epiinfo" with Demo was completed up to 5 pm. 2nd days feedback link was shared on their personal mails and collected the responses on goggle form.

The third day was started with Dhanwantari Poojan and Stawan followed by lecture delivered myself on protocol writing with group activity ended at 12 noon. The group activity was taken for each and every content of protocol starting from title to references. After that lecture was taken on ethics in medical research by Dr. Dhananjay Mhasade and group activity was taken by on given topics as follows

Group no.	Protocol and Ethical issues on following topics	Presenter from the group
1	Cross sectional study to evaluate Aaharaj Abhiruchi in Pitta pradan prakruti -	Dr. Shrinath Agnihotri
2	A case control study to evaluate preserved food exposure in healthy and not healthy persons as the causative factor	Dr. Rujuta Korday
3	Experimental study to evaluate the efficacy of Tila navaneeta lepa in Bhallataka induced toxicity on albino rats	Dr. supriyapundge
4	Randomized controlled clinical Study to evaluate adjuvant effect of Varunadi kwath compared with thyroxin in Hypothyrdism –	Dr. Ankush Patle
5	Randomized controlled clinical study to compare the efficacy of dadim swarasa with conventional treatment in Raktarsha	Dr Rimaa Anklekar



The session ends at 13.00pm. After lunch Dr. Madhav Mutalik from D.Y. Patil dental school had taken session on diagnostic test completed on 13.45pm. Next session was taken by Dr. Madhav Mutalik on questionnaire designing completed session 3.30 pm. Sir had taken very interactive and informative lecture. Next session was started on 3.30 pm on critical journal article evaluation ended on 5 pm by group activity. Article was shared to every delegate and also checklist also shared for evaluation before one day of session so that everyone can read the article for critical evaluation.

Post workshop evaluation MCQ test was taken. Three best improved delegates were declared and felicitated with Pen set, first topper Dr. Supriya Pundage from Agadtantra department by 26 marks, second topper from Dr. Krushna Jamadar from Rasashastra department by 24 marks and third toppers Dr. Rasika Kulkarni from Sharir kriya department by 22 marks of our college. Study material given in soft copy to all delegates. After felicitation delegates. The valedictory function ended with vote of thanks & Pasaydan by me.

The daily evaluation and whole program evaluation sheets were filled by delegates. The analysis of program evaluation is given as follows-

Some comments given by delegates are as follows-

- 1) Workshop duration should be increased.
- 2) Workshop is fruitful especially with group activities
- 3) Time management and organization of workshop is very good
- 4) Majority of delegates very much satisfied with group activities.
- 5) The continuous lectures should not be kept, 5 minutes rest should be given after each session.
- 6) Dr. S. L. Jadhav, Mrs. Namrata Jain ; Dr. Shrikanth Muralidharan; Dr. Madhav Mutalik & Dr. Yogini Kulkarni are the best faculty members mentioned by all most all delegates.

1st days feedback analysis -

Dr. Suvamajoshi A	107
B	107
C	107
Dr. Yogini Kulkarni D	107
Dr. Yogini & Dr. Suvama GA E	108
Dr. Pranita Joshi F	105
G	104

2nd days feedback analysis -

Dr. S. L. Jadhav A	112
B	110
Mrs Namrata Jain C	111
Dr. Shrikanth Muralidharan D	111
E	112
F	108



3rd days feedback analysis –

Dr dhananjay mhasade A	107
B	107
Dr. Yogini Kulkarni C	109
D	108
Dr. Madhav Mutalik E	108
F	109
G	108

Important suggestions by coordinator as –

- 1) Group activities are more effective in well-equipped digital lab of computers.
- 2) Online attendance of delegates is more time taking so should be continued with previous method
- 3) If the organized college delegates only allowed by MUHS MET cell then such instructions should circulated to all medical colleges because more phone calls to coordinator form other college students

The activity started by M.U.H.S. and MET is really very much necessary and useful for up-gradation of knowledge of Research techniques to post graduate students and teachers. Thanking you,


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H. O. D.
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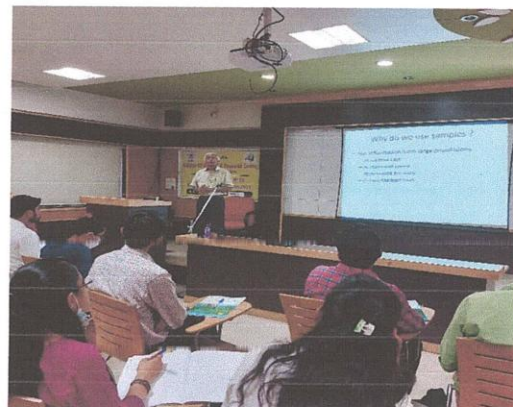
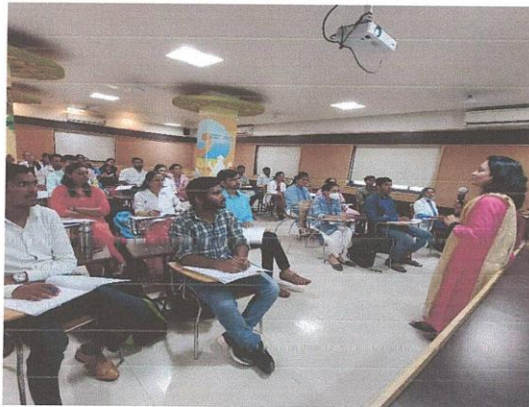


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College of Ayurved & Research Centre

Research Methodology Workshop – 13th June to 15th June 2022



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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



3.2.2

8. Basic workshop on Research Methodology and medical statistics

27-06-2022 to 29-06-2022

Report of Research Methodology workshop

27th -29th June 2022

The workshop on Research methodology was organized online by our institute on 27th -29th June 2022 at P.D.E.A's College of Ayurved and Research Centre Nigdi Pune 44. As per M.U.H.S./MET guidelines the sessions were organised for three days from morning 09.30- 17.00.

The Forty three delegates were registered & attended the workshop. Thirty seven PG students of 1st year and 6 teachers of our college were participated in this workshop. The detailed list is attached with the report.

Sr. no	College name	Number of delegates attended
1	P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH CENTRE NIGDI PUNE 44- 1 ST YEAR PG STUDENTS	37
2	P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH CENTRE NIGDI PUNE 44- TEACHERS	06
Total		43

Seven faculty members were invited as resource person for online workshop. Dr. Suvarna Joshi madam from B. J. Medical college Pune, Myself from our college Pune; Dr. Pranita Joshi from SSAM Hadapsar Pune; Col. S. L. Jadhav from D. Y. Patil Medical college Pimpri pune; Dr. Namrata Jain Statistician from our college nigdi; Dr. Hrishikesh Rangnekar from QUEST clinical solutions Pune; Dr. Madhav Mutalik from D.Y. Patil Dental school Charoli; Previously the instructions were mailed to each and every participants so, the workshop became more interactive and fruitful to them. For group activity heterogeneous 7 groups were performed. Pre MCQ test was taken for 30 marks on goggle form. Dr. Jitendra Tapswi from teacher from Dravyaguna department by 21 marks rank 1st in pre-test & Dr. Jayant Shinde PG student from Balaroga department by 18 marks rank 2nd in pre-test & Dr. Nikita Kurai PG student from Rasashastra department by 16 marks rank 3rd in pre-test.

Before starting the inaugural session online Pre-test was conducted twenty minutes were given to complete. The responses were collected through goggle form. The workshop was started with Dhanwantari stawan. The first day zoom link was shared with delegates for online session was started sharp at 09.30- 10.00 by lecture taken by me on the topic "Introduction to research methodology and formulation of RQ and Hypothesis. Next session were taken on observational study designs descriptive and analytical. After analytical study design tea break was given, then session was continued on experimental study design up to 1 pm by Dr. Hrishikesh Rangnekar from QUEST clinical solutions.

The post lunch session was started on 1.30 pm. Lecture was taken on literature search with online demo by Dr. Pranita Joshi sir from SSAM college Hadapsar. Next session on qualitative research was completed by Dr. Pranita Joshi at 3.30 pm.

After the session first group activity was rescheduled and taken by me. Seven groups were prepared each group with 6 members and seven problems were given. After discussion one of the members from each group presented the activity, the suggestions were given to improve the activity allotted. The details as follows-


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Group no.	Topics given for study design group activity	Instructed to formulate as per following points
1	Cross sectional study to assess Bala in Medovruddhi individuals having age 17-30 years by using fatigue index - Dr. SanketChatar	1) Formulate the title 2) Research question with FINER& Hypothesis if necessary 3) Aims and objectives of the study 4) Independent and dependent variable 5) objectives
2	An Observational study to find the relation between chinta & Rasavaha sortas dushti in Health care professionals Dr. MinakshiNagpure	
3	Pharmaceutico-Analytical study of NimbadiGhrita – Dr. Nikita Kurai	
4	Comparative clinical Study to compare the effect of DrakshaKwath and Badar Kwath as Virechanopaga yoga – Dr.Shubhangi Maske	
5	Randomized controlled open labelled clinical study to evaluate the efficacy of Vatari Guggulu with Agnikarma in Grudhrasi (Sciatica) Dr. Harsh Naikawdi	
6	A Randomised standard controlled clinical study to assess the efficacy of AgarukarnaDhoopan in PutikarnaDr.PrajaktaMetkari	
7	Case control study to evaluate cause and effect relationship between Mrudbhakshan (Soil eating) and Pandu in school going children between age group 8-12 years	

1st days feedback link was shared on their personal mails and collected the responses on goggle form.

The second day was started with Dhanwantari Stawan followed by lecture on 9.30am-10.30 am on "Types of data and presentation of data" by me. The activity was taken on identification of data types by MCQ. Sampling & sample size with group activity on software Win Pepi software by Mrs. Namrata Jain from our college. The session ends at 1 pm. Then lunch break was given

After the lunch break the sessions were started on inferential statistics by Col. S. L. Jadhav from D. Y. Patil Medical College Pimpri. The group activity was taken on selecting the appropriate test for given problems to each table. The session was ended on 3.30 pm. For next session every delegate was requested to download EPI info 7 on their laptops and one excel data file was shared with delegates so that the "computer assistance in data analysis on Excel, epiinfo" with Demo was completed up to 5 pm. 2nd days feedback link was shared on their personal mails and collected the responses on goggle form.

The third day was started with Dhanwantari Stawan followed by lecture delivered Dr. Suvarna Joshi from B. J. Medical College Pune on protocol writing & Ethics in medical research. After that lecture group activity was taken on ethical issues in medical research by Dr. Suvarna Joshi madam and group activity was presented on given topics as follows, group activity ended at 1 pm


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Group no.	Protocol and Ethical issues on following topics	Presenter from the group
1	Cross sectional study to assess Bala in Medovruddhi individuals having age 17-30 years by using fatigue index -	Dr. SanketChatar
2	An Observational study to find the relation between chinta & Rasavaha sortas dushti in Health care professionals Dr. Minakshi Nagpure	Dr. MohiniKulkarni
3	Pharmaceutico-Analytical study of NimbadiGhrita – Dr. Nikita Kurai	Dr.Nikita Kurai
4	Comparative clinical Study to compare the effect of DrakshaKwath and Badarkwath as Virechanopaga yoga – Dr.ShubhangiMaske	DrShubhangiMaske
5	Randomized controlled open labelled clinical study to evaluate the efficacy of Vatari Guggulu with Agnikarma in Grudhrasi (Sciatica) Dr. Harsh Naikawdi	Dr . Harsh Naikwadi
6	A Randomised standard controlled clinical study to assess the efficacy of Agarukarna Dhoopan in Putikarna Dr.PrajaktaMetkari	Dr.Dhanashri navale
7	Case control study to evaluate cause and effect relationship between Mrudbhakshan (Soil eating) and Pandu in school going children between age group 8-12 years	Dr.Mayura Jadhav

After lunch Dr. Madhav Mutalik from D.Y. Patil dental school had taken session on diagnostic test completed on 2 pm. Next session was taken by Dr. Madhav Mutalik on questionnaire designing completed session 3.30 pm. Sir had taken very interactive and informative lecture. Next session was started on 3.30 pm on critical journal article evaluation ended on 5 pm by group activity. Article was shared to every delegate and also checklist also shared for evaluation before one day of session so that everyone can read the article for critical evaluation.

Post workshop evaluation MCQ test was taken. Three best improved delegates were declared and felicitated with Pen set, first topper Dr. Divyashree & Dr. Vrinda from Samhita and Kayachikitsa department teachers by 23 marks, second topper from Dr. Jitendra and Dr. Chinmay from Dravyaguna and Samhita department teachers by 21 marks and third toppers Dr. Nikita & Dr. Nidhi from Rasashastra and Nidan department P.G. students by 18 marks of our college. Study material given in soft copy to all delegates. The valedictory function ended with vote of thanks & Pasaydan by me.

The daily evaluation and whole program evaluation sheets were filled by delegates. The analysis of program evaluation is given as follows-

Some comments given by delegates are as follows-

- 1) Workshop duration should be increased.
- 2) Workshop is fruitful especially with group activities
- 3) Time management and organization of workshop is very good


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- 4) Majority of delegates very much satisfied with group activities.
- 5) The continuous lectures should not be kept, 5 minutes rest should be given after each session.
- 6) Dr. Pranita Joshi, Dr. Rangnekar Dr. Yogini Kulkarni, Dr. Madhav Mutalik are the best faculty members mentioned by all most all delegates.

1st days feedback analysis -

1st days Sessions	Faculty	Grades obtained
A	Dr. Yogini	148
B	Dr. Yogini	148
C	Dr. Yogini	146
D	Dr. Rangnekar	144
E	Dr. Yogini	148
F	Dr. Pranita Joshi	149
G	Dr. Pranita Joshi	148

2nd days feedback analysis -

2nd days Session	faculty	grades obtained
A	Mrs Jain	145
B	Mrs Jain	144
C	Dr. Yogini	148
D	Dr. S. L. Jadhav	147
E	Dr. S. L. Jadhav	147
F	Dr. S. L. Jadhav	146

3rd days feedback analysis -

Session	faculty	grades obtained
A	Dr. Suvarna Joshi	137
B	Dr. Suvarna Joshi	136
C	Dr. Suvarna Joshi	136
D	Dr. Suvarna Joshi	136
E	Dr. MadhavMutalik	138
F	Dr. MadhavMutalik	139
G	Dr. MadhavMutalik	136

Important suggestions by coordinator as -

- 1) Offline workshop will be more helpful many delegates posted this feedback
- 2) Online attendance of delegates is more time taking so should be continued with previous method
- 3) If the organized college delegates only allowed by MUHS MET cell then such instructions should circulated to all medical colleges because more phone calls to coordinator form other college students

The activity started by M.U.H.S. and MET is really very much necessary and useful for up-gradation of knowledge of Research techniques to post graduate students and teachers. Thanking you,


Principal
P.D.EAS
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.


Dr. Yogini R. Kulkarni (Coordinator)
H.O.D.
Research Methodology
College of Ayurved And Research Centre
Nigdi, Pune - 411 044



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Research Methodology Workshop – 27th Jan.2022 to 29th Jan 2022



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Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



3.2.2

9. Samskara PG- Orientation Program

13-04-2023 to 03-05-2023



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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook-acrc_akurdi@pdeapune.org



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Date:- 04/05 /2023

Name of the Program- Samskara-PG Orientation Program for 1st year MD Students

Duration of the Program- 13th April -2nd May 2023

Organizing Department- Research Methodology & Medical Statistics

Number of Students Attended the Program- 57

Mode of the Program (Online/Offline)- Offline

Brief Report of the Program-

Samskara-PG Orientation Program for 1st year MD Students was organized as per directed by NCISM from 13th April 2023. **Inaugural function** was started at 10 am by taking blessings from Lord Dhanwantari. Dhanwantari poojan was done by Hon. Principal Dr. Mrs. Ragini Patil madam, Ph.D director Dr. Mrs. Meenal Lad Madam, PG administrative Director Dr. Milind Mokashi sir and Dr. Yogini Kulkarni. After poojan Dhanwantaristavan sung by me. **Institutional profile origin & history of the institution**, introduction of PDEA Sanstha, achievements/innovations of the college ,collaborations all things were presented by senior faculty Dr. Mrs. Meenal Lad madam.

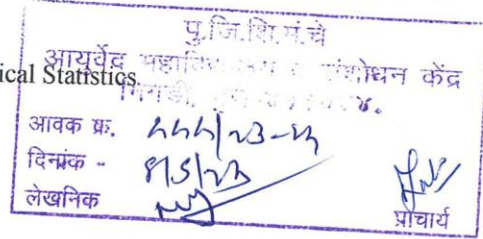
Pre test link of 30 questions were send to email address of 1st year PG students and given half an hour to solve.

Dr. Sachin Bhor 2nd year PG student of Sharir Kriya invited to give his **opinions to motivate 1st year PG students**.

After the opinions the guided tour of the entire campus and facilities to know about fifteen departments of college. Every department's achievements were presented by concern faculties present in the department. Student's attendance was taken for every session. Total 46 PG students were present out of 68.

First day ended with next day's important instructions given by Dr. Yogini Kulkarni.

Second days sessions started sharp at 9.15 am by Dhanwantaristawan. Dr. YogitaJamdade madam introduced Mrs. Priyanka Lakhe madam and felicitated with floral bouquet. Session started with warm up activity. Then madam explained different types of handshakes with practical demo. Many aspects of **communication skill** explained. Fillers, repetition, Indialisum should be removed from communications. Conveyed well **verbal and non-verbal communication** skills with seven C's (clear, concise, concert, correct, consideration, complete & courteous). Taken a good activity as given a task taken in 07 pairs of students as





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one became instructor and one student have to draw as per instructions given by instructors. All participants of the activity felicitated with chocolates. Many videos of doctors were shown for communication skills. Another activity of given to each participant that write how to make tea—a tea recipe. One hour lunch break was given to the students. Total 51 PG students were present out of 68.

At 2 pm after lunch session was started with an activity as reverse commands as Clapp command say name and name command do the clapping same way jump command do dance and dance command do jumping

Then individual activity given note down **long term goals and short term goals**. For qualifying goals 4 steps are important as Write down everything you want to be do ,or have ask yourself why. Do you do I really have this capacity potent& is this mortally right

Madam has explained how to develop **SMARTgoals**. She had given the activity to select specific goal which is greater chance to accomplish and ask questions to make goals SMART as Who, What, Where, When, Which and Why.

Mrs. Lakhe madam explained with examples of **Measurable goal, Attainable goal& Realistic goal**. Individual activity was given to write smart goals by using seven steps. After this activity Self motivational video was played.

Madam has given the Information about how to improve communication skills by using, Books& English movies public talks by eminent speakers.

2nd day ended with activity taken on Short term goals and long term goals presented by 5 participants by Mrs. PriyankaLakhe and Ashwini lakhshettiwar encouraged them with chocolates. Ashwini madam assisted well to Lakhe madam and felicitated by medicinal plant sapling. Total 44 PG students were present out of 68.

Information about of 3rd days sessions were given to students by Dr. Yogini Kulkarni.

Third day's session was started by session on Institutional officials' hierarchy and their roles and responsibilities by Dr. Meenal Lad Madam. She had explained Rules and regulations of the campus, code of conduct. Orientation on PDEA's CARC's MOUs and their scope in education and research. Session completed on 11 am. Total 52 PG students were present out of 68.





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After this session visit was planned to central research laboratory. Detailed activities of CRL were explained by me. CRL have three sessions Pharmacognosy, Phytochemistry and Chromatography .I had explained all facilities available in CRL, also given information about available instruments to the students visit ended at 13.00 Total 56 PG students were present out of 68.

Post lunch Amruta pharmacy visit was organized Dr. Pravin Tate was explained all units of Amruta Pharmacy to the students.3rd day ended with next day instructions by me. Total 51 PG students were present out of 68.

Fourth day's sessions was started at 9 am on computer skills by Mr. Vikram Kulkarni. He has taken Word Excel and Power point training in a detailed manner. In all session sir has shared QR codes for different demo videos. In MS Word Sir was explained reference tool, how to prepare Title page, foot notes, headings and sub headings. Sir was explained how to make tables how to shift word doc in two or three columns. In excel he has explained How to find formulas, how to arrange data alphabetically. After excel power point training session was undertaken by him. He has given general guidelines .All session been completed at 1 pm. Post lunch session was taken on practical demonstration on Word, Excel and Power point from 2 to 4 pm. One data file in excel was mailed to all participants and then how the analysis, graphs plotting, sorting, naming, inserting comments all activities again shown by me and ask to do with shared excel file data to the participants. The power point presentation one activity was given to them to prepare five slides and use all points explained by sir should be incorporated. How to do recording with slides in specific time was also shown to the participants by me. Total 52 PG students were present out of 68.

Fifth day's sessions was started at 9 am by taking 1st session on Internet and internet browsing fishy websites, WWW -World Wide Web. Then 2nd session was taken on Web search on goggle scholar & PubMed. Another topic was taken on Artificial Intelligence and chat GPT. Safety aspects of web search,VPN, Antivirus and end type protection aspects were explained in detail.After safety aspect sir has explained management of emails how to sort.Total 51 PG students were present out of 68.

Third session of fifth day was taken on Hospital Information Management System by Dr. Shambhavi. She had explained step by step Guidelines regarding how to use Ayursoft software for hospital information. Following steps she had explained as How to register, how to develop password ID, How to enroll patient inform Managementation time to time and day to date without doing mistakes. She had explained well. Do's and Don'ts for





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software entries. She also explained use of this software as information can be used for calculation of prevalence rate of specific diseases. Any previous patient's information can be extracted with the help of this software. This Session was ended at 4.00 pm

Sixth day's Sessions was stated at 9.15 am on Student council and their activities taken by Dr. Shweta More madam associate professor of Sharir kriya department , she has taken what is student council what's its composition , their activities , Welfare schemes for UG and PG students. in weifare schemes, she has explained Dhanwantari Vidyaadhan Yojana, Snjeevanividarthiurakha yojana ,Savitibai phule scholarships yojana for girls, Kamava Shika Yojana. Total 52 PG students were present out of 68.

Second session was started at 10am by Dr. Yogita Jamdade, Hod of the department of Samhita Siddhant, on Different Research Institutes as Central Council for Research in Ayurvedic Sciences (CCRAS), Central Council for Research in Unani Medicine (CCRM), Central Council for Research in Siddha (CCRS), Central Council for Research in Homeopathy (CCRH), Central Council for Research in Yoga and Naturopathy(CCRYN), Indian Council of Medical Research (ICMR), Indian Council of Agricultural Research (ICAR), Council of Scientific and Industrial Research (CSIR).Madam has explained well about above research institutes and their activities. Session ended at 12 noon. Total 56 PG students were present out of 68.

After Lunch Session was started at 2 pm on an Overview of the PG curriculum, subjects, components of PG program and PG activities was taken by me. In this session I have explained all rules regulations guidelines of synopsis, dissertation, and change of guide, fee structures, exam pattern and requisites for PG students. Session was ended at 4 pm. Next day's instructions was informed to students by me. Total 55 PG students were present out of 68.

Seventh day's session was started at 9 am on leave policies by Dr. Milind Mokashi Administrative PG director. Sir has explained the leave policy in detail; only 8 days leave can be taken by PG students. Total 50 PG students were present out of 68.

Next session on Hospitals SOP's by Dr. Shambhavi Iyer . Hospital SOP's were explained by Dr. Shambhavi as O.P.D – registration counter, departmental S.O.P, I.P.D, M.R.D and for all the NABH committee's SOP's. After that she has explained Do's and Don'ts - regarding B.M.W spillage management, hand hygiene, medication error, prescription, rounds and orders. General do's and don'ts After that MEDICAL CARE AVAILING POLICIES well explained by Dr.





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Shambhavi as -free case paper for the students ,30% discount on investigations in our outsourced lab, no stay charges applicable for I.P.D, no charges for snehana and swedana, other karma are charged & medicines are charged for both O.P.D and I.P.D. Session was ended with thanks at 11.00 am Total 48 PG students were present out of 68.

Morning last session was taken at 11a.m on learning resources as library, digital library & e learning resources by DrDivyashree K. S Assistant professor of Department of Samhita Siddhant . She explained all e learning resources available at library. Also she has given 19 more e learning links, e samhita , e nighantu , & OPAC Online Public Access catalogue details to use the book available at our library. Madam has explained PG and UG library SOP's , rules and regulation session ended with UG and PG library visit. Total 48 PG students were present out of 68.

Post lunch session started at 2 pm on seminar presentations by Dr. ChinmayPhadke assistant professor from samhita department. Sir has explained PPT preparation, how to create readymade power point preparation by using AI (artificial intelligence) how to save ppt in different formats, how to use alt tabs to shift to the open windows , dressings, face attire, audience engagement , questioning to the audience, opinion polls by different tools, controlling audience ,some common mistakes are to be avoided, listening of good presentations as slide share & TED ideas. After the session six groups were prepared randomly and six topics were given to them for 10 minutes seminar presentation. Topics and presenter details are given as follows.

Group 1) Organizing college gathering – Dr. Ranuka Pallival from Rasashastra department

Group 2) Organizing cycle race- Vd. Mrugendra Darekar from Agadtantra department& Dr. Girija Kadam from Rasashastra department

Group 3) Organizing summer camp for 8th to 11th standard girl students- Vd. I anjewar Puja from Kriya department &dr. Nikita Umak from Swasthvrutta

Group 4) Star gazing (no age bar) –Vd. Hemali Diwani from Rasashastra department

Group 5) Swarnaprashan camp for school children in rural area-Vd. Rupali Naik from Kayachikitsa department

Group 6) Birthday party at beach resort event management – Vd. Pranali Netam from Panchakarma department





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After all groups seminar presentations Dr. Chinmay Phadake declared group four's presentation was good, incorporated all points of seminar presentations so felicitated all members of this group with Amala candy by me. Sir explained what was good in all presentations and what should be improved ahead. Session was ended with next session's instructions by me. Total 45 PG students were present out of 68.

Eighth day all 51 students gathered at 9.30 am to National Regional Institute of Basic Ayurveda Sciences Kothrud, Pune(NRIBAS) for study tour.

First the form was filled for visitation details and fee 600 rupees paid for 60 students. Two groups were prepared for herbal garden visit. Archana madam and Varun sir explained to medicinal plants from herbal garden with proper botanical identification key characters.

After the herbal garden visit 4 groups were prepared to visit four labs as pharmacognosy lab explained by Rasika madam, Physico-chemical lab by Rasikamadam, Madam explained well all procedures in short. How and why it's important for your research project. Molecular Biochemistry lab was explained by AnuragSir, sir explained how to do DNA RNA extraction identification of specific plant well. Tissue culture lab Preeti madam was explained all instruments used for tissue culture as oven, Freezer, Laminar flow. After the instruments information all procedures were explained in detailed for tissue culture. And pharmacology lab was explained by Manoj Sir, he explained diabetic cell line studies & cancer cell line studies. NRIBAS pharmacognosy lab and Herbarium both were NABL accredited. This is the 1st NABL Accredited herbaria. Many research facilities available as whole plant authentication, animal experiment proper model selection guidance, Powder microscopy, authentication of part used, API analysis. Cell line studies. DNA separation for plant identification & Prakruti assessment were under one roof. Thanks letter was given to the director Dr. Gurav sir & team.

After all lab visit one group photo was taken and visit ended at 3.30 pm

Ninth day's started with PG activities as journal club presentations by Dr. Divyashree K.S. from Samhita Siddhant department. Madam was explained well how to present journal club presentations, what are the steps required for journal club. Madam has given links for further reading. Session was ended with group activities total five groups were prepared randomly, one-one article was given to each group, 20 minutes given to read the article and one member was presented the article from each group as follows





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Group number	Research article title	Article presenter
1	Exploratory study to evaluate tolerability safety activity of Ashwagandha (Withaniasomnifera L.) in healthy volunteers	Dr. Snehal Borkute
2	Antidiabetic and antihyperlipidemic activity of hydroalcoholic extracts of With aniacoagulans Dunal. Dried fruit in experimental rat module	Dr. Surabhi Waman
3	Adjuvant therapy of Ayurvedic medicine with antitubercular drugs on therapeutic management of pulmonary tuberculosis	Dr. Hememali Diwani
4	Clinical study to evaluate the brihaniya effect of vidarikandadiyog to enhance the sport performance in children	Dr. Nutan Sawant
5	An open label, prospective clinical study to evaluate the efficiency and safety of TLPL/AY/2008 in the management of functional constipation	Dr. Siddhi Purohit

Best presenter group 5 was declared by Dr. Diyashree and felicitated all members with Amala Candy by me.

Next session was started on clinical case presentation by Dr. Vrinda Kurande associate professor from department of Kayachikitsa . Madam explained why case report is important, how present a case scientifically, important points to present a clinical case. After that madam had presented a case presentation on alcoholic liver disease –Jalodara session ended at 13.00

Post lunch session was on poster presentation & Demonstration of role play in podium manner by me started at 2 pm. Total 30 students were attended this session. In this session I had explained all requisites for role play required. Session ended with next day's instruction was given to the students by me.

Tenth day started sharp on 9 am on clinical skill lab by Dr. Rohit Pethkar sir had explained all clinical skills in detail after the lecture two clinical skill labs visited by students group by group. Surgery and Shalakya skill labs were visited and all skills shown on dummy dolls and different specimen were demonstrated at shalya clinical skill lab





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Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

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Date:- 04/05 /2023

In shalakya all kriyakalpa procedure skill labs were demonstrated. Total 51 students were present for session. This session ended at 11 am.

Next session started by video bio data of Vd. Yogesh Bendale was played after felicitation of Vd Bendale sir with floral bouquet. Sir started motivation talk as telling the whole journey of Ayurveda clinician up to 1.30 pm. Session was ended with group photo with all PG students.

After lunch 2nd motivational talk by Dr. Swapnil Shinde founder of AYUSH Ayurveda LLP Pharma industry. Sir explained well his journey of developing Ayurvedpharma industry. Sir had explained each and every step of his success.

Eleventh day was started at 9 am by role play performed by **Rasashastra and dravyaguna 1st year PG students** on administration and prescription of medicines Total 7 students participated in this role play. After this role play department wise which role plays can be performed, those were explained by me. Next day's instructions were given to the students. After the instructions 3rd May fresher's party's planning was discussed, session ended at 1 pm.

12th day was started with two herbal garden visits with Dr. Ila Bhor madam. First we had visited Dehurod herbal garden more than 100 plants were explained by Dr. Ila Bhor and Dr. Yogini Kulkarni from 9 to 11 am. After this visit the college campus herbal garden visit was completed many new plants were explained by Dr. Ila Bhor and Dr. Yogini Kulkarni Madam. The seed bank concept was explained by Dr. Yogini Kulkarni and activity was generated among student to collect the seeds fallen down in the campus garden. Visits were completed with group photos at 1 pm.

Post lunch session was also taken by Dr. Ila Bhor on Ethical guidelines for clinical research. Session started at 2 pm. Madam explained the detailed information about IEC its composition, working, meetings, quorum, how to record ADR, SAE, Deviation, violations all important points were explained by madam. Session ended at 4 pm with vote of thanks by Dr. Yogini Kulkarni

13th day was started at 9 am by Priyanka Lakhe and Ashwini madam, first madam had taken quick recap of previous sessions taken on 15th of April, and then she had conducted the survey regarding learning style survey scores among students by hard copies distributed of survey document.





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1st session was taken on Time management, importance of time management, hurdles behind time management, priorities after introductory session the all students were divided into 7 groups each group have 6 students. One case study was given and asked them to list 12 items in order of importance for your survival each. One participant from each group presented the priority list of 12 items.

Group no.	Presenter
1	Vd. Shivani Gadewar
2	Vd. Tejal Sharma
3	Vd. Prachi Rahangdale
4	Vd. Jaihind Chaudhari
5	Vd. Himali Diwani
6	Vd. Siddhi Purohit
7	Vd. Rupali Naik

After presentation every presented member felicitated with chocolates
Correct priority list explained by Priyanka Lakhe and group 1 Shivani & 2 Tejal declared winners and felicitated each members by chocolates

Time management matrixes were explained by madam as urgent, non-urgent, Quadrant of deception & quadrant of waste. Second personal activity was given as write time management matrix for the task should be completed on Monday .After this activity 10 minutes break was given.

After break pareto principle 80/20 percent and its application in different fields were explained by madam after that one video shown as how to manage big tasks and small tasks (7 big tasks) also explained parkinson's law as more time more laziness.

Team building activity was taken by Ashwini as 7 groups were prepared and gave activity to as intermingled the each other's hands and without leaving hands try to move such a that all should face each other . Shivani and Girija group done this task first so they were winner .Next task was given that walk with newspaper roll without tarring the newspaper. One pair completed the task in less time.

After lunch break the session was taken on stress management from 2-4 pm. Madam explained following topics as stress management & its importance. After that madam taken an activity to draw a pig and after drawing the pig madam given the analysis of that person's





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nature & attitude. All participants were enjoyed. After this activity madam had explained benefits of positive stress and results of negative stress.

Again one survey was taken among students on stress and depression scores. After survey students were asked to calculate both scores. Madam was explained normal, moderate, severe and extremely severe score ranges.

Stress management techniques were explained as meditation, yoga, concentration therapies & entertainment. Demonstration of mind relaxation session was also conducted

At last Health Awareness, Fitness & Hygiene session was taken. Seven steps were explained by one video to maintain our fitness. Session ended at 4.15 pm by taking physical feedback from students

14th day started with motivational speech on Ayurveda hospital set up by Dr. Neelesh Londhe from Bhosari Pune founder member of Nirvikar Ayurveda Hospital. Sir explained well about ABCD of Development of Ayurveda Hospital. Sir had explained all different units where Ayurved can work. As sir had explained we can work in prevention, Yoga, Pharmacy, Trainings, different services for making revenue. Session ended at 11.30am with thanks by Dr. Yogini Kulkarni.

Next session was taken by Dr. Yogini Kulkarni on posttest and feedback links shared through mail to all participants and all responses collected online. Session ended at 13.30 pm.

After lunch session was taken by Dr Vrinda Kurande on Ayushman Bharat Heal in India and Heal by India. Madam had explained how to prepare you for foreign visits and how to avail facilities to treat foreigner patients. Madam had explained different types of passport and different types of Visa in detail. Session ended at 4 pm with vote of thanks.

15th day started with Dhanwantari poojan and stavan Ganesh vandana. After poojan Shishyapnayaneeya program was started all student were gone through Samsara as tilakkunkumdhara, and gandabandhan. After the samskara PG students performed cultural program a skit presentation poem presentations dance and music performances. Miss fresher and Mr. fresher's were selected by taking general knowledge and subject knowledge tests by dr Lad Madam , Dr. Shweta More Madam and declared two winners. Dr. Lad Madam and Dr. More madam worked as referee for this program. This program ended at 1.30 pm.

Delicious lunch was organized for all students and resource persons.





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After Lunch break resource person's felicitation by principal madam with certificate and chapha flower with fragrance. Then all students felicitation were done by Dr. Ragini Patil madam, Dr. Lad Madam and Dr. Mokashi Sir, Dr. Yogini Kulkarni by participation certificates. Opinion was given by one of PG student about the 15 days program. After principal madam given a presidential speech and the program ended by Pasayadan sung by Dr Yogini Kulkarni.



H. O. D.

Research Methodology

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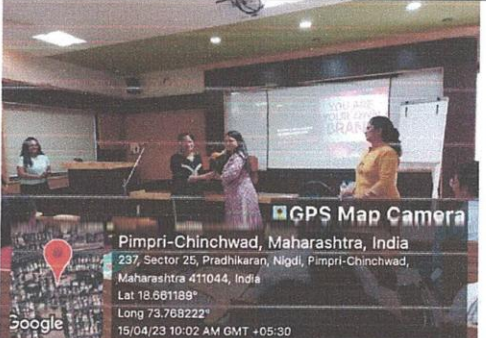
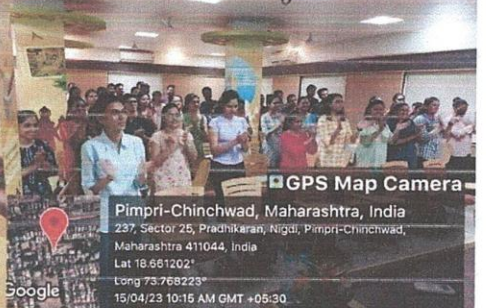
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Institutional profile origin & history of the institution- By Dr. Meenal Lad	Dr. Meenal Lad madam's lecture attended by students
 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 308, Tilak Marg, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661318° Long 73.768592° 13/04/23 02:20 PM GMT +05:30	 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 308, Tilak Marg, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.66134° Long 73.768573° 13/04/23 02:26 PM GMT +05:30
Dr. Sachin Bhor 2nd year PG student-opinions to motivate 1st year PG students.	Mrs. Priyanka Lakhe madam felicitated with floral bouquet
 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 217, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661375° Long 73.768609° 13/04/23 02:50 PM GMT +05:30	 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 237, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661189° Long 73.768222° 15/04/23 10:02 AM GMT +05:30
Session by Priyanka Lakhe on communication skill	During session clap activity by student
 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661218° Long 73.768276° 15/04/23 10:49 AM GMT +05:30	 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 237, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661202° Long 73.768223° 15/04/23 10:15 AM GMT +05:30



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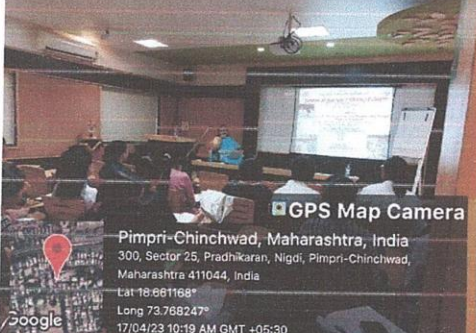
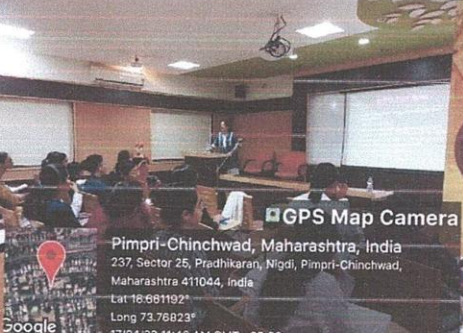
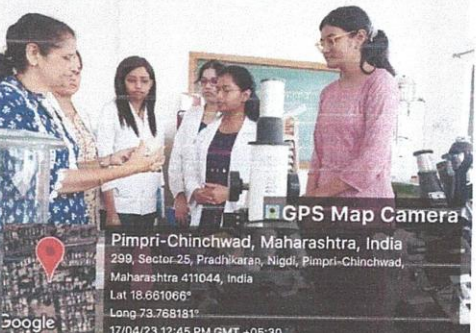
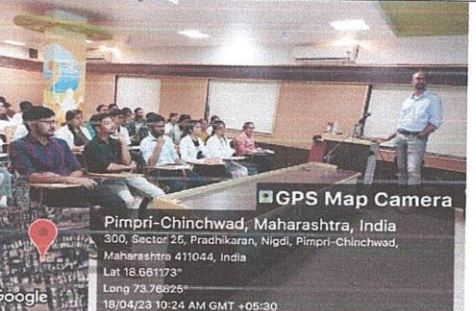
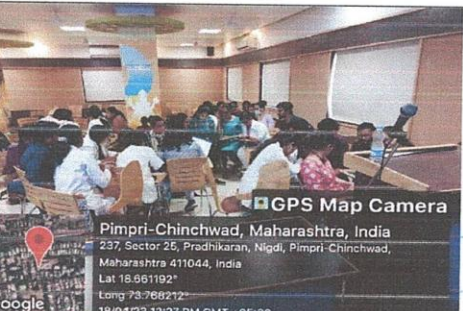
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Institutional officials' hierarchy and their roles and responsibilities by Dr. Meenal Lad Madam	Dr. Yogini Kulkarni – Central Research Laboratory
 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661168° Long 73.768247° 17/04/23 10:19 AM GMT +05:30	 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 237, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661192° Long 73.76823° 17/04/23 11:46 AM GMT +05:30
Detailed Activities of CRL explained by Dr. Yogini Kulkarni	Dr. Pravin Tate-explained all units of Amruta Pharmacy to the students
 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 299, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661066° Long 73.768181° 17/04/23 12:45 PM GMT +05:30	 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 272, Sector No. 27, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.65492° Long 73.769293° 17/04/23 02:08 PM GMT +05:30
Session by Vikram Kulkarni on MS office –word, excel,ppt	During session group activity by student
 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661173° Long 73.76825° 18/04/23 10:24 AM GMT +05:30	 GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 237, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661192° Long 73.768212° 18/04/23 12:27 PM GMT +05:30



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Session on Internet and internet browsing- by Mr. Vikram Kulkarni	Hospital Information Management System by Dr. Shambhavi Iyer
what is student council what's its composition , their activities explained by Dr. Shweta More	Dr. Yogita Jamdade- Different Research institutes
Session by Dr. Yogini Kulkarni- An overview of PG Curriculum	Dr. Milind Mokashi-explained the leave policy in detail



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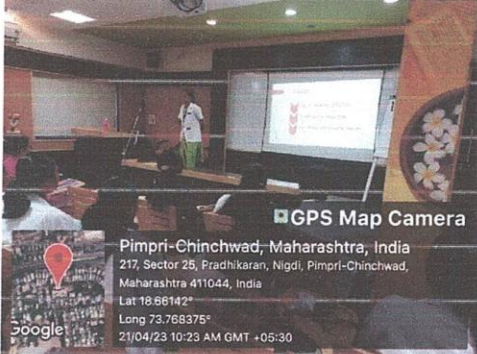
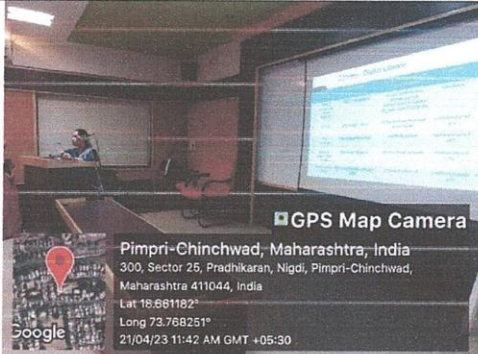
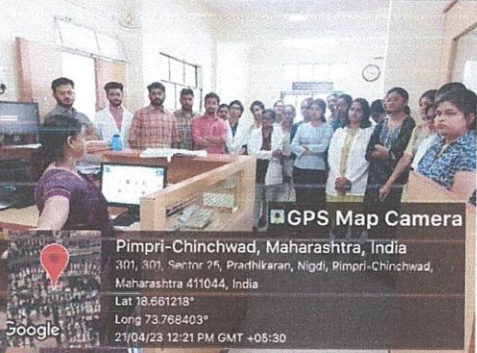
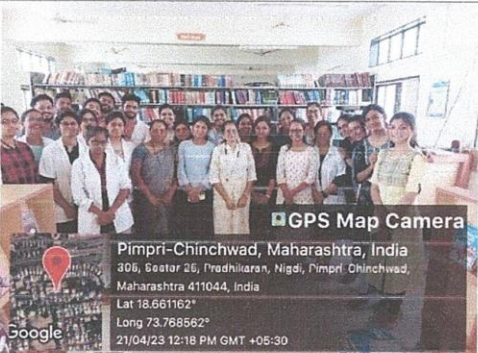
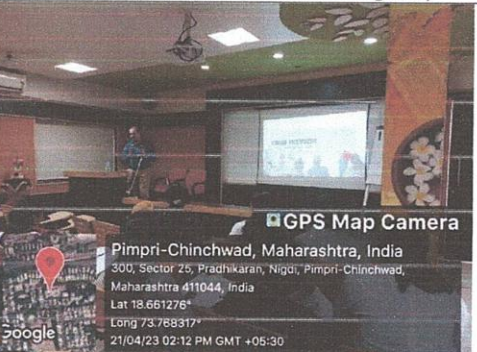
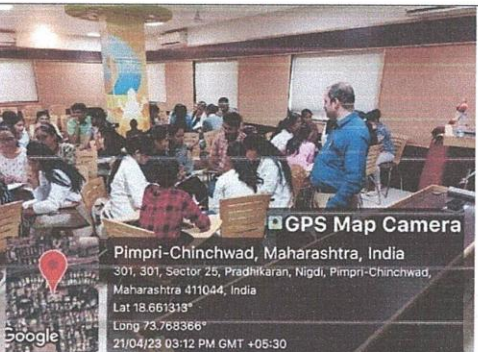
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Hospitals SOP's by Dr. Shambhavi Iyer  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 217, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.66142° Long 73.768375° 21/04/23 10:23 AM GMT +05:30	Learning resources as library, digital library & e learning resources by Dr Divyashree K. S  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661182° Long 73.768251° 21/04/23 11:42 AM GMT +05:30
PG library visit  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 301, 301, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661218° Long 73.768403° 21/04/23 12:21 PM GMT +05:30	UG library visit  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 306, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661162° Long 73.768562° 21/04/23 12:18 PM GMT +05:30
Session by Dr. Chinmay Phadke- how to create readymade ppt by using AI (artificial intelligence)  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661276° Long 73.768317° 21/04/23 02:12 PM GMT +05:30	Group activity by students during Phadke sir's session  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 301, 301, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661313° Long 73.768366° 21/04/23 03:12 PM GMT +05:30



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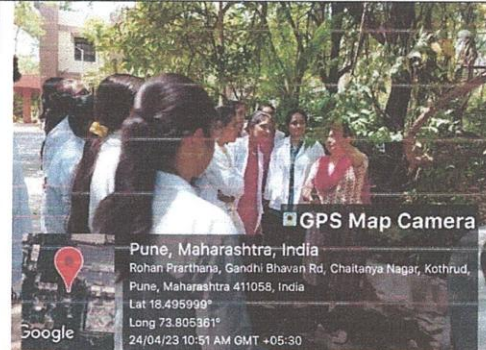
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Study tour-National Regional Institute of Basic
Ayurveda Sciences Kothrud, Pune(NRIBAS)



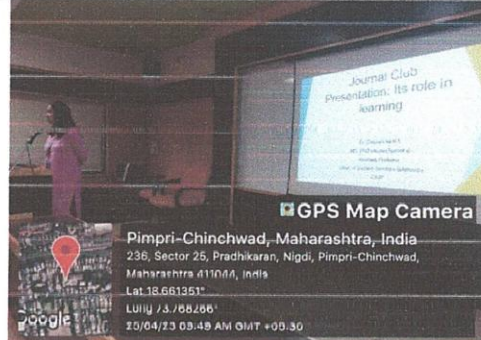
Herbal Garden visit at NRIBAS



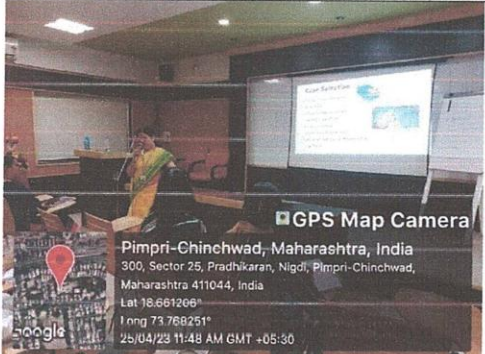
Lab visit at NRIBAS



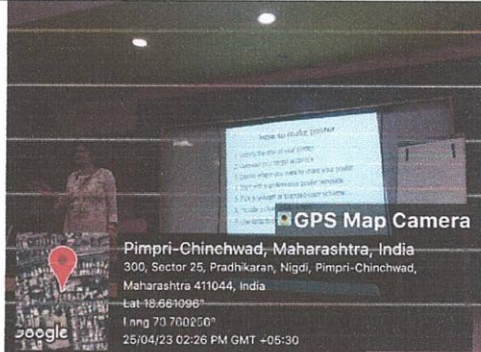
Journal club presentations by Dr. Divyashree K.S.



Session on case presentation by Dr. Vrinda Kurande



Poster making by Dr. Yogini Kulkarni



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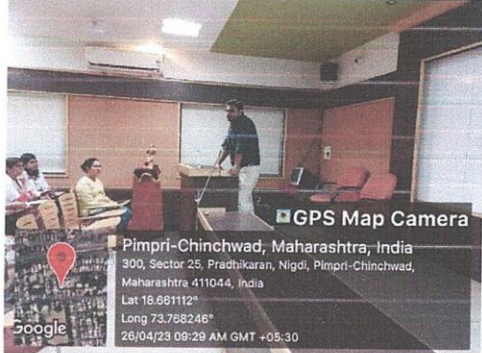
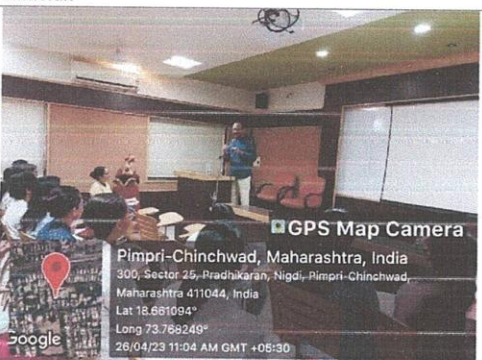
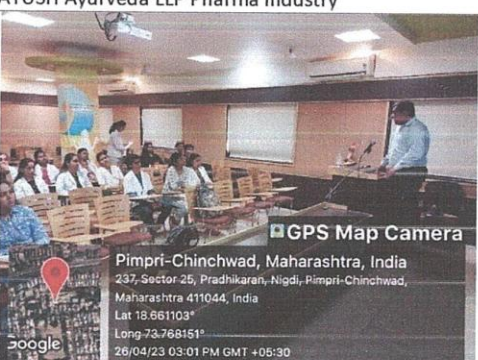
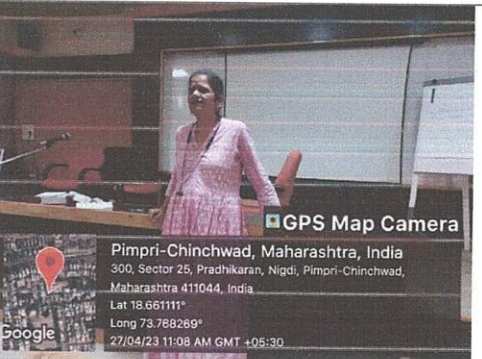
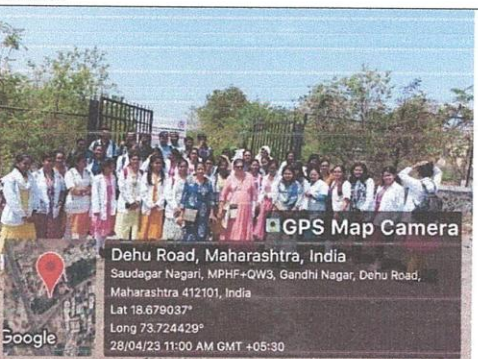
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Session on Clinical skill lab by Dr. Rohit Pethkar  Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661112° Long 73.768246° 26/04/23 09:29 AM GMT +05:30	Shalaky and Surgery skill lab visit  Pimpri-Chinchwad, Maharashtra, India 236, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661345° Long 73.768261° 26/04/23 10:29 AM GMT +05:30
Motivational talk by Dr. Yogesh Bendale- Ayurveda Clinician  Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661094° Long 73.768249° 26/04/23 11:04 AM GMT +05:30	Motivational talk by Dr. Swapnil Shinde founder of AYUSH Ayurveda LLP Pharma industry  Pimpri-Chinchwad, Maharashtra, India 237, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661103° Long 73.768151° 26/04/23 03:01 PM GMT +05:30
Role play in Podium manner by dr. Yogini Kulkarni  Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661111° Long 73.768269° 27/04/23 11:08 AM GMT +05:30	Dehu road herbal garden visit- Dr. Il abhor, Dr. Yogini Kulkarni  Dehu Road, Maharashtra, India Saudagar Nagari, MPH+QW3, Gandhi Nagar, Dehu Road, Maharashtra 412101, India Lat 18.679037° Long 73.724429° 28/04/23 11:00 AM GMT +05:30



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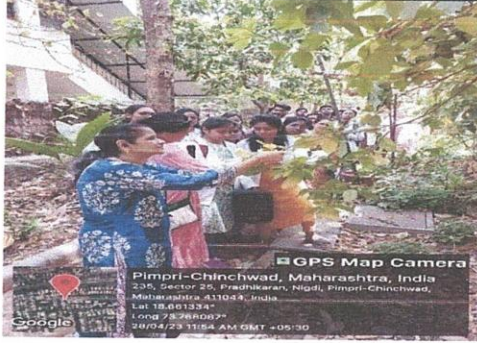
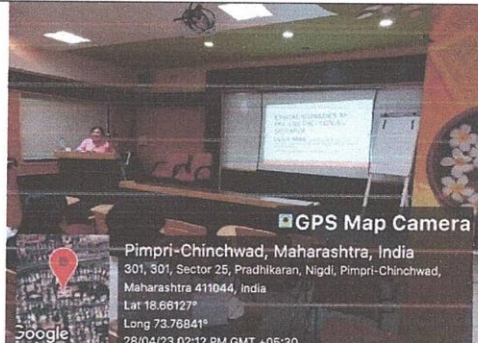
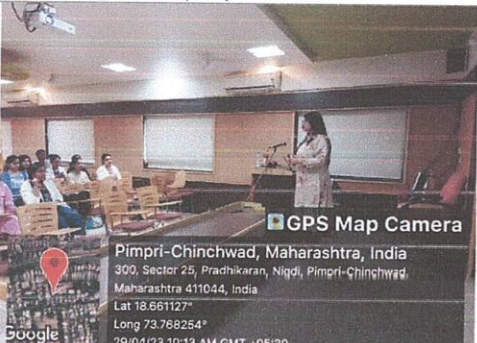
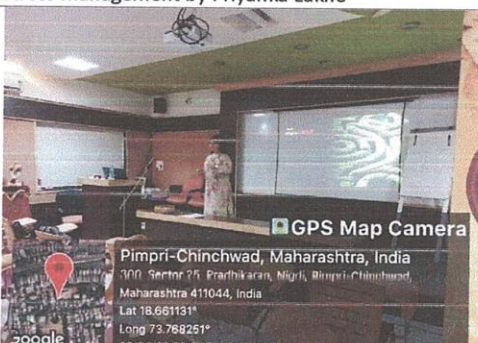
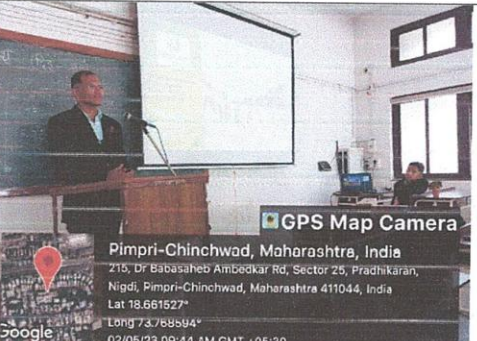
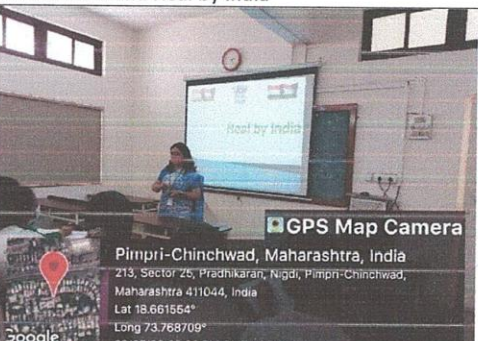
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Date:- 04/05 /2023

Metric No. -

College campus garden visit  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661334° Long 73.768087° 28/04/23 11:54 AM GMT +05:30	Session by Dr. Ila Bhor on Ethical guidelines for clinical research  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 301, 301, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.66127° Long 73.76841° 28/04/23 02:12 PM GMT +05:30
Time management by Priyanka Lakhe  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661127° Long 73.768254° 29/04/23 10:13 AM GMT +05:30	Stress management by Priyanka Lakhe  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 300, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661131° Long 73.768251° 29/04/23 02:01 PM GMT +05:30
Motivational speech on Ayurveda hospital set up by Dr. Neelesh Londhe  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 215, Dr Babasaheb Ambedkar Rd, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661527° Long 73.768594° 02/05/23 09:44 AM GMT +05:30	Session by Dr Vrinda Kurande on Ayushman Bharat Heal in India and Heal by India  GPS Map Camera Pimpri-Chinchwad, Maharashtra, India 213, Sector 25, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India Lat 18.661554° Long 73.768709° 02/05/23 02:26 PM GMT +05:30



for

Principal

PDEAS

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Nigdi, Pune - 411 044.



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Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



3.2.2

10. Basic workshop on Research Methodology and medical statistics

03-07-2023 to 05-07-2023



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Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



Date :- 06 / 07/2023

Metric No. 3.2.2

Report of Research Methodology workshop

3th - 5th July 2023

The workshop on Research methodology was organized by our institute on 3rd July to 5 July 2023 at P.D.E.A's College of Ayurved and Research Centre Nigdi Pune 44. As per MUHS/URD guidelines the sessions were organised for three days from morning 09.30- 17.00.

The thirty delegated were registered & attended the workshop. The detailed list is attached with the report.

Sr. no	College name	Number of delegates attended
1	P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH CENTRE NIGDI PUNE 44	48
2	K.C. Ajamera Ayurvedic college Dhule	01
3	Nandha Ayurveda Medical College and Hospital, Erode	01

Seven faculty members were invited as resource person for workshop. Myself from our college Pune; Dr. Hrishikesh Rangnekar from Pt. Dr. Shiv Shakti Sharma Ayurveda Medical College, Ratlam ; Dr. Pranita Joshi from SSAM Hadapsar Pune; Dr. Prasad Pore from BVDU's Medical college, katraj, Pune; Mr. D. R. Basannar from AFMC College Pune, Dr. Suvarna Joshi madam from B. J. Medical college Pune & Dr. Madhav Mutalik from SSPM Medical college Padave, Oros, Sindhurga; Previously the instruction was given to students that bring your synopsis titles and problems regarding synopsis so, the workshop became more interactive and fruitful to them. For group activity heterogeneous groups were performed. Pre MCQ test was taken for 30 marks. Dr. Tejal Sharma from Balroga department by 21 marks rank 1st in pre-test & Dr. Swati Pawar from Dravyaguna department by 19 marks rank 2nd in pre-test & Dr. Renuka Palliwal from Rasashastra department & Dr. Shivani Gadewar from shalakya department by 18 marks rank 3rd in pre-test.

Before starting the inaugural session online Pre-test was conducted twenty minutes were given to complete. The responses were collected through goggle form. The workshop was started with Dhanwantari poojan and stawan. The first day session was started sharp at 09.30- 10.00 by lecture taken by myself from our college on the topic "Introduction to research methodology and formulation of RQ and Hypothesis. Next session were taken on observational study designs descriptive and analytical. After analytical study design tea break was given, then session was continued by Dr. Hrishikesh Rangnekar on experimental study design up to 1 pm. The post lunch





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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



Date :- 06 / 07/2023

Metric No. 3.2.2

session was started on 1.30 pm. with group activity taken by me. Five groups were prepared each group with 10 members and five problems were given. The details as follows-

Group no.	Topics given for study design group activity	Instructed to formulate as per following points
1	Study of young adult population to identify the risk factors for greying of hairs- Dr. Bhagyash Kare	1) Formulate the title 2) Choose appropriate study design 3) Research question with FINER& Hypothesis if necessary 4) Aims and objectives of the study 5) Independent and dependent variable 6) objectives
2	Study the association of Atilavan Amla sevan and graying of hairs in adult young population- Dr. Siddhi Purohit	
3	Calculation of incidence of anemia in pregnant women population- Dr. Rupali naik	
4	To find out multiple risk factors responsible for amanita in company workers- Dr. Snehal Bhorkute	
5	Efficacy study of Sinhanad Guggulu and Vatari Guggulu in Amavata Dr. chaithanya	

Next lecture was taken on literature search with online demo by me was completed on 4.00 First day ended at 05.00 p.m. by lecture on qualitative research by Dr Pranita Joshi from SSAM college Hadapsar 1st days feedback link was shared on their personal mails and collected the responses on goggle form.

The second day was started with Dhanwantari Poojan and Stawan followed by lecture on Data and data presentation was taken by Dr. Prasad Pore sir from BUDU College, Katraj Pune from 9.30am-11.00 am.. Next session was taken by sir on "Sampling & sample size with group activity the session ends at 12.45 am. Then lunch break was given

After the lunch break the sessions were started on inferential statistics by Mr. D. R. Basannar from AFMC Pune. The group activity was taken on selecting the appropriate test for given problems to each table. The session was ended on 3.30 pm.

For next session every delegate was requested to download EPI info 7 on their laptops and one excel data file was shared with delegates so that the "computer assistance in data analysis on Excel, epi info" with Demo was completed up to 5 pm. 2nd days feedback link was shared on their personal mails and collected the responses on goggle form.





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Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

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Date :- 06 / 07/2023

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The third day was started at 9.30 am with Dhanwantari Poojan and Stawan followed by lecture delivered on ethics in medical research by Dr. Suvarna Joshi madam from B. J. Medical College Pune and group activity was taken by on given topics as follows

Group no.	Protocol and Ethical issues on following topics	Presenter from the group
1	Study of young adult population to identify the risk factors for greying of hairs-	Dr. Lanjewar
2	Study the association of Atilavan Amla sevan and greying of hairs in adult young population-	Dr. Purohit
3	Calculation of incidence of anemia in pregnant women population-	Dr. Naik
4	To find out multiple risk factors responsible for amanita in company workers-	Dr. Mahale
5	Efficacy study of Sinhanad Guggulu and Vatari Guggulu in Amavata	Dr. Chaithanya

Session was end up at 11.30 am. Ten minutes tea break was given. Second lecture was stated on protocol writing with group activity ended at 1 pm.

After lunch Dr. Madhav Mutalik from SSPM Medical college Padave, Oros ,Sindhurga had taken sessions online on zoom platform because of personal problem. Article and evaluation check list was mailed to all delegates 1st session was taken on diagnostic test completed on 14.00 pm. Next session was taken by Dr. Madhav Mutalik on questionnaire designing completed session 3.30 pm. Sir had taken very interactive and informative lecture. Next session was started on 3.30 pm on critical journal article evaluation ended on 5 pm by group activity. Article was shared to every delegate and also checklist also shared for evaluation before one day of session so that everyone can read the article for critical evaluation.

Post workshop evaluation MCQ test was taken. Three best improved delegates were declared and felicitated with Pen set, first topper Dr. Rupali Naik from Kayachikista department by 30 marks, second topper from Dr Vaibhav Eknar from Kayachiksta department by 29 marks and third toppers Dr. Aditi Khadamkar from Balrog department by 28 marks of our college. Study material given in soft copy to all delegates. After felicitation delegates. The valedictory function ended with vote of thanks.

The daily evaluation and whole program evaluation sheets were filled by delegates. The analysis of program evaluation is given asfollows-





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Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

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Date :- 06 / 07/2023
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Some comments given by delegates are as follows-

- 1) Workshop duration should be increased.
- 2) Workshop is fruitful especially with group activities
- 3) Time management and organization of workshop is very good
- 4) Majority of delegates very much satisfied with group activities.
- 5) The continuous lectures should not be kept, 5 minutes rest should be given after each session.
- 6) Dr. Prasad Pore, D. R. Basannar & Dr. Suvarna Joshi are the best faculty members mentioned by all most all delegates.

1st days feedback analysis -

Dr. Yogini Kulkarni	166.5
A	
B	165.1
C	164
Dr. Hrishikish Rangnekar D	154.1
Dr. Yogini GA E	164.1
F	161.3
Dr. Praneta Joshi G	161.6

2nd days feedback analysis -

	183.43
B	181.14
C	182
Mr. D. R. BasannarD	181.86
E	182
F	181.14

3rd days feedback analysis -

Dr. Suvarna Joshi	178.14
A	
B	174
C	170.57
D	167.71





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Dr. Madhav Mutalik E	167
F	168.14
G	164.29

Important suggestions by coordinator as –

- 1) Group activities are more effective in well-equipped digital lab of computers.
- 2) Online attendance of delegates is more time taking so should be continued with previous method
- 3) If the organized college delegates only allowed by MUHS MET cell then such instructions should circulated to all medical colleges because more phone calls to coordinator from other college students

The activity started by M.U.H.S. and MET is really very much necessary and useful for up-gradation of knowledge of Research techniques to post graduate students and teachers. Thanking you,

Dr. Yogini R. Kulkarni (Coordinator)

H. O. B.
Research Methodology
College of Ayurved And Research Centre
Akurdi, Pune - 411 044



Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



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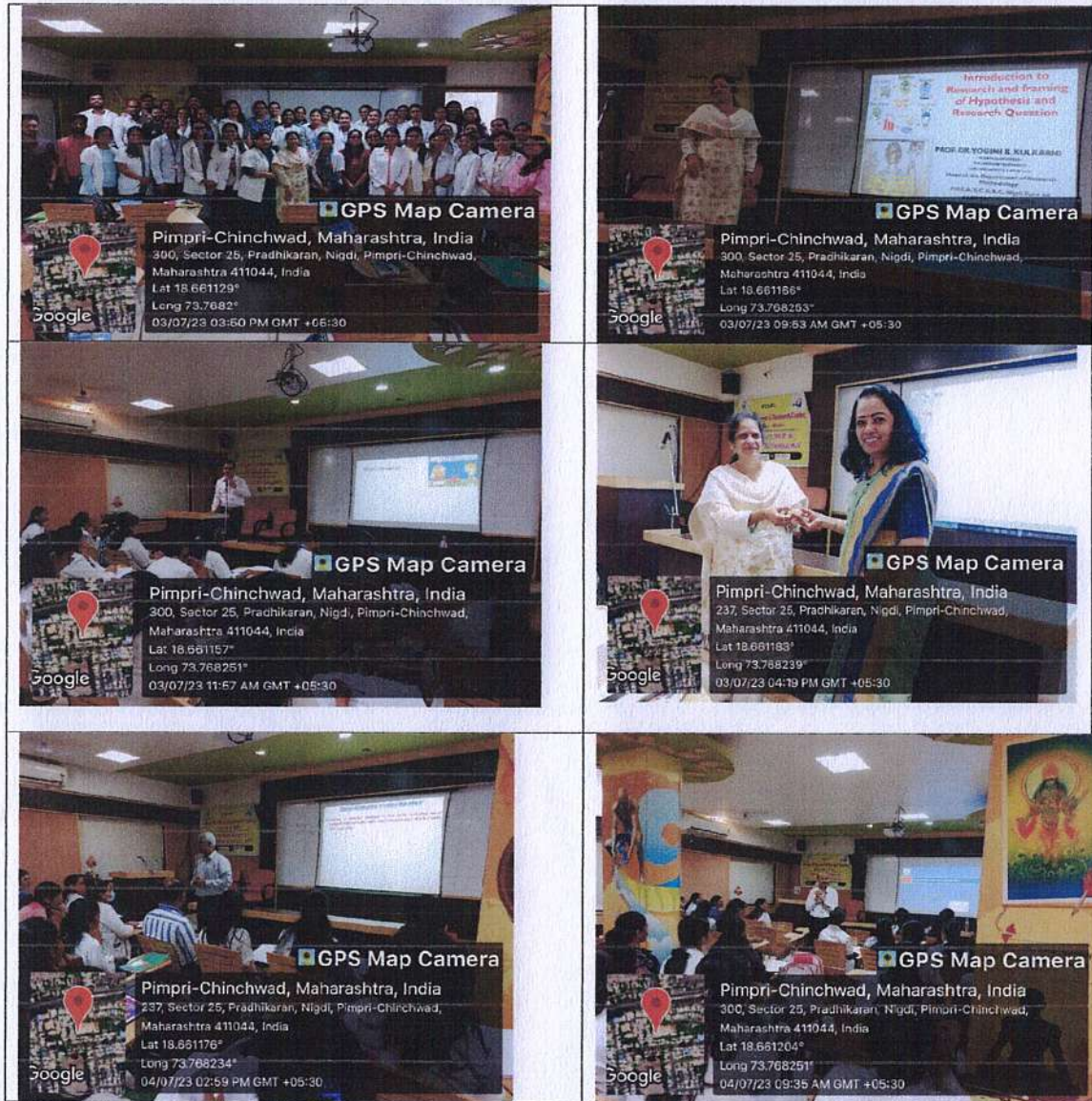
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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



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[Signature]

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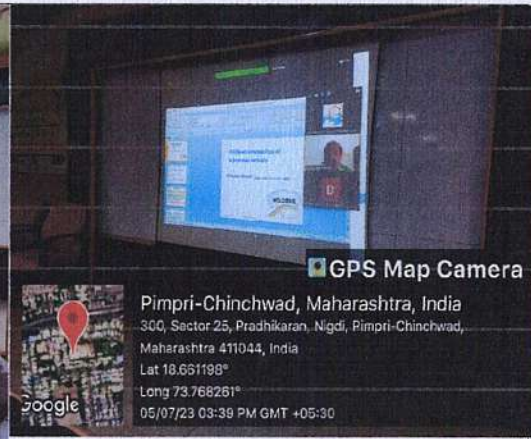
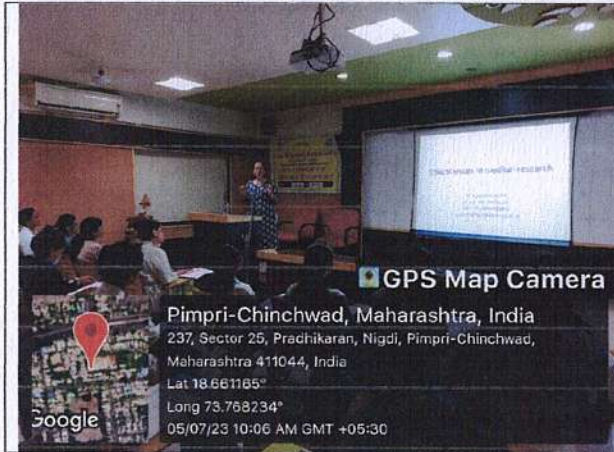
Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



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Handwritten Signature
Principal
P.D.E.A.'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



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Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



3.2.2

11. Basic workshop on Research Methodology and medical statistics

10-07-2023 to 12-07-2023



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Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



Date :- 17/07/2023

Metric No. 3.2.2

Report of online Research Methodology workshop

10th - 12th July 2023

The online workshop on Research methodology was organized by P.D.E.A's College of Ayurved and Research Centre Nigdi Pune 44 on zoom platform from 10th July to 12th July 2023. As per MUHS/URD guidelines the sessions were organised online for three days from morning 09.30- 17.00.

The Fifty delegates were registered in those 13 teachers and 37 PG & Ph.D. students & attended online the workshop. The detailed list is attached with the report.

Sr. no	College name	Number of delegates attended
1	P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH CENTRE NIGDI PUNE 44 (students)	20
	P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH CENTRE NIGDI PUNE 44 (teachers)	06
2	K.C. Ajamera Ayurvedic college Dhule	03
3	SSAM hadapsar Ayurveda college Pune	01
4	Kakasaheb Mhaske Homoeopathic Medical College & Hospital & Post Graduate Institute, Ahmednagar [Homoeopathy]	02
5	Yashwant Ayurvedic College Kodoli	02
6	Guru Mishri Homoeopathic Medical College & Hospital, Jalna [Homocopathy]	01
7	LSFPEF's Lokmanya HMC Chinchwad Pune (Teachers)	05
8	LRP Ayuervedic medical college and hospital, post graduate institute and research centre islampur.	02
9	MGM Dental College and Hospital, Navi Mumbai	01
10	Manjra Ayurvedic medical College Latur	01
11	Dr. Vedprakash Patil Ayurved Medical College and Research Institute, Jalna (Teacher)	01
12	Government Ayurved College Baramat Pune (teacher)	01
13	School Of Dental Sciences, Karad	01
14	Late Kedari Redekar Ayurved Mahavidyalaya, Gadhinglaj, Kolhapur [Ayurved]	02

Seven faculty members were invited as resource person for workshop. Myself from our college Pune; Dr. Hrishikesh Rangnekar from Pt. Dr. Shiv Shakti Lal Sharma Ayurveda Medical College, Ratlam ; Dr. Pranita Joshi from SSAM Hadapsar Pune; Dr. Pradip Borle from B. J. Medical college, Pune; Mrs. Swati Raje from MIMER Medical College Talegaon Pune, Dr. Suvarna Joshi madam from B. J. Medical college Pune & Dr. Madhav Mutalik from SSPM Medical college Padave, Oros



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Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



Date :- 17/07/2023

Metric No. 3.2.2

,Sindhurga; Previously the instruction was given to students that be ready with synopsis titles and problems regarding synopsis so, that it can be discussed in the workshop, so that workshop became more interactive and fruitful to them. For group activity heterogeneous groups were performed. Pre MCQ test was taken for 30 marks. Dr. Bhanushali Divya Bhavesh from **Guru Mishri Homoeopathic Medical College & Hospital, Jalna [Homoeopathy]** by **17marks out of 30** and stood 1st rank in pre-test. Five participants got 16 marks out of 30 so other ranks not declared. Before starting the inaugural session online Pre-test was conducted twenty minutes were given to complete. The responses were collected through goggle form.

The workshop was started by Dhanwantari stawan. The first day session was started sharp at 09.30- 11.00 by lecture taken by Dr. Hrishikesh Rangnekar from Pt. Dr. Shiv Shakti Sharma Ayurveda Medical College, Ratlam on experimental study design. Sir has taken a very nice informative session with many newer designs, ended the session on 11 am. After this session I had taken the sessions on the topic "Introduction to research methodology and formulation of RQ and Hypothesis. Next session were taken on observational study designs descriptive and analytical. Session completed by me up to 1 pm. The post lunch session was started on 1.30 pm. with group activity taken by me. Five groups were prepared each group with 10 members and five problems were given. The details as follows-

Group no.	Topics given for study design group activity	Instructed to formulate as per following points
1	Anthropometric measurements and grip strength in auto rickshaw drivers between age group of 20-40 years- Dr. Poonam Yadav	1) Formulate the title 2) Choose appropriate study design 3) Research question with FINER& Hypothesis if necessary 4) Aims and objectives of the study 5) Independent and dependent variable 6) objectives
2	Correlation of anthropometric measurements and grip strength in auto rickshaw drivers between age group of 20-40 years -Dr. Prerana	
3	Calculation of incidence of cervical Spondylosis in Auto rikshaw driver population- Dr Janaki Doshi	
4	To find out multiple risk factors responsible for obesity in company workers- Dr. Priya Banger	
5	Study of multiple effects of longer time driving in Auto Rikshaw drivers population- Dr. Murde	



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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



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Next session was taken on qualitative research by Dr Pranita Joshi from SSAM College Hadapsar last session was taken on literature search with online demo by Dr. Pranita Joshi madam. 1st days feedback link was shared on their personal mails and collected the responses on goggle form.

The second day was started with Dhanwantari Stawan followed by lecture on Data and data presentation was taken by Mr. pradip Borle sir from B. J. Medical College Pune from 9.30am-11.00 am. Next session was taken by sir on "Sampling & sample size with group activity the session ends at 12.45 am. Activity presented by every group by a group leader details were as follows

Group no.	Topics given for Sampling and sample size calculations group activity	Instructed to formulate as per following points
1	Anthropometric measurements and grip strength in auto rickshw drivers between age group of 20-40 years- Dr. Poonam Yadav	- Title - Study design - Sample size - Sampling method
2	Correlation of anthropometric measurements and grip strength in auto rickshw drivers between age group of 20-40 years -Dr Amrapali Lade	
3	Calculation of incidence of cervical Spondylosis in Auto rikshw driver population- Dr Anuja Wadekar	
4	To find out multiple risk factors responsible for obesity in company workers- Dr. Janaki Doshi	
5	Study of multiple effects of longer time driving in Auto Rikshw drivers population- Dr. Murde	

After the lunch break the sessions were started on inferential statistics by Dr. Swati Raje madam from MIMER medical college Talegaon Pune. The group activity was taken on selecting the appropriate test for given problems to each table. The session was ended on 3.30 pm.

For next session every delegate was requested to download EPI info 7 on their laptops and one excel data file was shared online so that the "computer assistance in data analysis on Excel, epi info" with Demo was explained up to 5 pm. 2nd days feedback link was shared on their personal mails and collected the responses on goggle form.

The third day was started at 9.30 am with Dhanwantari Stawan followed by Dr. Madhav Mutalik from SSPM Medical college Padave, Oros ,Sindhurda, 1st session was taken on diagnostic test completed on 10.30 am. Next session was taken by Dr. Madhav Mutalik on questionnaire



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Date :- 17/07/2023

Metric No. 3.2.2

designing completed session 11.30 am . Sir had taken very interactive and informative lecture. Next session was started on 11.45 am on critical journal article evaluation ended on 1 pm by group activity. Article was shared to every delegate and also checklist also shared for evaluation before one day of session so that everyone can read the article for critical evaluation. Every group presented their opinion about the article. Then session was completed.

Post lunch session lecture was delivered on ethics in medical research by Dr. Suvarna Joshi madam from B. J. Medical College Pune and group activity was taken on given topics but due to internet problem participants not presented but submitted by email.

After Ten minutes tea break, second lecture was stated on protocol writing with group activity ended at 16.30pm.

Post workshop evaluation MCQ test was taken. Three best improved delegates were declared first Dr. Anuja Waddekar & Dr. Priya Bangar 1st rank by 28 marks, 2nd rank Dr. Sharada Chikurte by 27 marks

Study material given in soft copy to all delegates. Workshop was ended with vote of thanks.

The daily evaluation and whole program evaluation sheets were filled by delegates. The analysis of program evaluation is given as follows:-

Some comments given by delegates are as follows-

- 1) Online Workshop should be with good internet connection of host and speakers
- 2) Workshop duration should be increased.
- 3) Workshop is fruitful especially with group activities
- 4) Time management and organization of workshop is very good
- 5) Majority of delegates very much satisfied with group activities.
- 6) Mr. Pradip Borle, Dr. Madhav Mutalik Dr. Swati Raje are the best faculty members mentioned by all most all delegates.

1st day's feedback analysis -

Dr. Yogini Kulkarni A	165.85
B	164.42
C	166.28
Dr. Rangnekar D	162
Dr. Yogini GA E	163
F	158.5
Dr. Praneta Joshi G	158.4



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Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



Date :- 17/07/2023

Metric No. 3.2.2

2nd day's feedback analysis –

Mr. Pradip Borle	176.71
A	
B	176.4
C	176.4
Dr. Swati Raje D	174.21
E	174.42
F	174

3rd day's feedback analysis –

Dr. Suvarna Joshi	159.14
A	
B	160.17
C	157.85
D	156.28
Dr. Madhav Mutalik	175.28
E	
F	173.85
G	171.42

Suggestions by coordinator as –

- 1) Group activities are more effective in well-equipped digital lab of computers.
- 2) Online attendance of delegates is more time taking so should be continued with previous method

The activity started by M.U.H.S. and MET is really very much necessary and useful for up-gradation of knowledge of Research techniques to post graduate students and teachers. Thanking you,

Dr. Yogini R. Kulkarni (Coordinator)



Principal
P.D.E.A.S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



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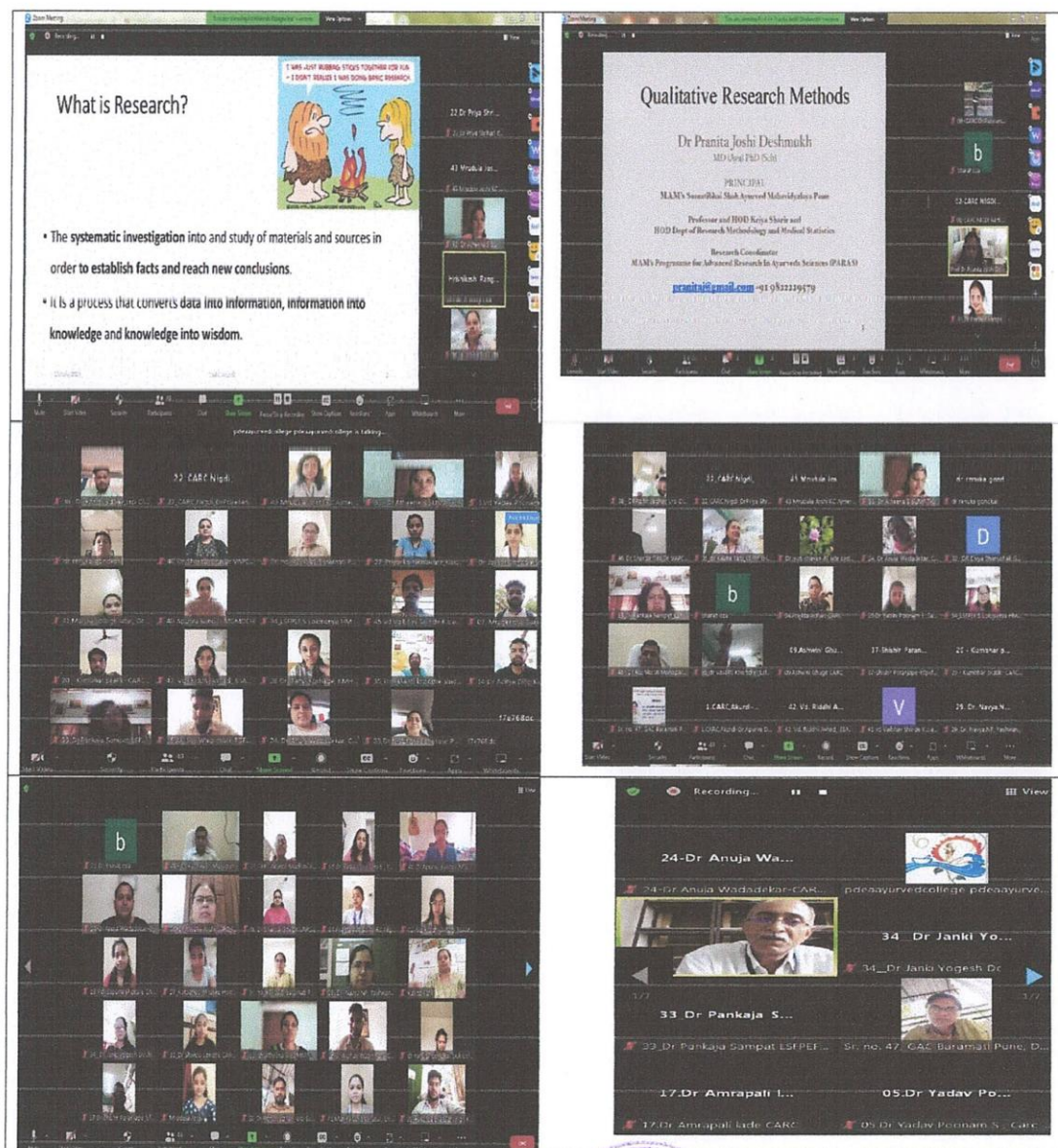
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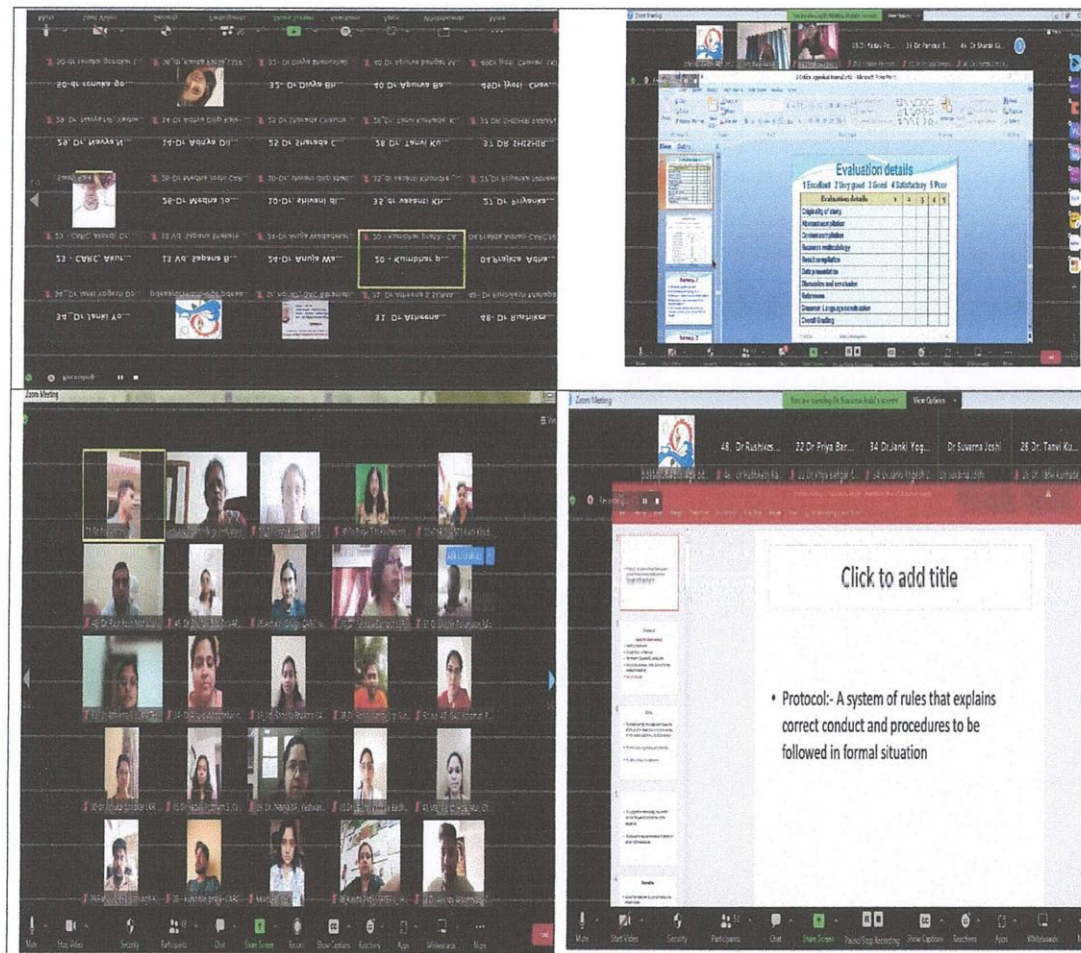
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for Principal
P.D.E.A.S
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Nigdi, Pune - 411 044.